

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#1 Women 25-29 1000 Yard Free

Name	Age	Team	Finals Time
1 Byers, Meghan	27	FORD	11:26.31
2 Schneider, Leah	26	WMAC	12:15.75
	32.22	1:07.94	1:44.85
	2:58.94	3:35.65	4:12.41
	5:25.76	6:02.74	6:40.04
	7:54.44	8:31.94	9:09.43
	10:24.89	11:02.21	11:39.52
			12:15.75

#1 Women 30-34 1000 Yard Free

1 Caldas, Hannah	33	MAC	11:29.47
	28.74	1:01.24	1:34.34
	2:08.51	2:42.70	3:16.79
	5:02.19	5:37.67	6:12.56
	7:23.32	7:58.25	8:33.72
	9:45.42	10:21.57	10:56.84
			11:29.47
2 Kolack, Gia	34	MAC	13:25.15
3 Zito, Loree	33	MAC	15:43.22

#1 Women 40-44 1000 Yard Free

1 Oggel, Amy E	40	FORD	12:35.16
	34.05	1:10.85	1:48.87
	3:05.09	3:43.19	4:21.47
	5:37.79	6:15.85	6:53.74
	8:10.52	8:48.71	9:26.61
	10:42.38	11:20.45	11:58.42
			12:35.16
2 Schafer, Tricia	41	PHX	16:25.72

#1 Women 45-49 1000 Yard Free

1 DeLozier, Anna	47	TMM	12:01.56
2 Bunch, Brigid J	47	PRES	12:48.19
3 Courtright, Lois W	49	PHX	15:28.77
4 O'Sullivan, Tara	45	PHX	16:26.30

#1 Women 50-54 1000 Yard Free

1 Arriola, Susan	52	PRES	15:43.75
------------------	----	------	----------

#1 Women 55-59 1000 Yard Free

1 James, Katy	55	SDM	15:11.86
2 Ketterer, Sue	56	SUN	17:39.63
3 Gruender, Mitzi	55	ARIZ	19:37.08

#1 Women 60-64 1000 Yard Free

1 Gillies, Judy L	63	FORD	15:42.57
2 Anderson, Linda	62	PHX	19:44.08

#1 Women 65-69 1000 Yard Free

1 Marr, Jackie M	67	SDSM	14:28.53
------------------	----	------	----------

#1 Men 18-24 1000 Yard Free

1 Curtisi, Nate	22	MAC	11:57.86
	31.35	1:05.84	1:40.93
	2:51.92	3:27.26	4:03.92
	5:16.00	5:53.67	6:30.75
	7:44.85	8:22.69	8:59.50
	10:12.48	10:48.96	11:24.60
			11:57.86
2 Arriola, Jonathan S	20	PRES	13:03.37

#1 Men 30-34 1000 Yard Free

1 Wallach, Ted	32	FORD	11:08.77
	31.07	1:04.37	1:38.42
	2:46.18	3:20.33	3:54.13
	5:01.54	5:35.26	6:08.66
	7:15.03	7:48.28	8:21.69
	9:29.16	10:02.92	10:36.67
			11:08.77

#1 Men 35-39 1000 Yard Free

1 So, Stephen S	36	PHX	11:47.63
-----------------	----	-----	----------

#1 Men 40-44 1000 Yard Free

1 Utsch, Jeffrey S	43	FORD	10:48.28
2 Sieffert, James	43	MAC	13:17.81

#1 Men 45-49 1000 Yard Free

1 Parmoon, Joseph A	46	UNAT	10:57.71
	29.90	1:02.33	1:35.39
	2:42.41	3:15.74	3:48.98
	4:55.61	5:28.57	6:01.57
	7:07.15	7:40.11	8:12.94
	9:18.84	9:52.03	10:25.13
			10:57.71
2 Richardson, Terry	49	SDM	11:33.44
3 Everett, Douglas D	47	FORD	15:54.87

#1 Men 50-54 1000 Yard Free

1 Vargas, Daniel	50	ARIZ	13:32.89
	34.19	1:12.89	1:53.44
	3:14.87	3:55.33	4:35.48
	5:56.80	6:37.61	7:18.24
	8:40.11	9:22.03	10:04.07
	10:46.41	11:29.60	12:52.05
			13:32.89
2 Stites, Jim	53	FORD	13:43.42
3 Beardsley, Robert	53	PHX	14:08.93

#1 Men 55-59 1000 Yard Free

1 Modjeska, Mark E	58	PRES	11:45.78
	30.32	1:04.50	1:39.51
	2:50.40	3:26.28	4:01.92
	5:13.62	5:49.77	6:25.33
	7:36.92	8:12.92	8:48.66
	10:00.39	10:36.23	11:12.05
			11:45.78
2 Woods, Leslie H	58	UNAT	13:07.97

#1 Men 70-74 1000 Yard Free

1 Williams, Frank	71	SDSM	13:48.55
2 Freshley, Mike	70	SDSM	13:59.36

#3 Women 25+ 800 Yard Free Relay

1 FORD	A	8:55.47
Byers, Meghan W27	Bailey, Monica M W49	
Oggel, Amy E W40	Milak, Emily A W28	
	30.10	1:02.92
	2:45.00	3:21.75
	5:07.02	5:41.86
	7:18.96	7:50.62
		8:23.11
		8:55.47

2 MAC	A	9:13.57
Nehrebecki, Helene W31	Helmstrand, Julie W26	
Sherman, Melanie E W26	Kolack, Gia W34	
	32.40	1:08.77
	2:52.35	3:25.57
	5:04.68	5:40.33
	7:25.26	8:01.23
		8:37.90
		9:13.57

#3 Women 35+ 800 Yard Free Relay

1 PHX	A	13:51.27
Schafer, Tricia W41	Nore, Jennifer P W63	
Courtright, Lois W W49	Anderson, Linda W62	
	41.55	1:29.01
	3:58.02	4:56.05
	7:34.84	8:23.43
	10:55.93	11:54.23
		12:52.69
		13:51.27
--- MAC	B	DQ
McCabe, Tari W54	Glorioso, Liz W45	
Tucker, Lorie W44	Gray, Patty M W59	
	44.32	1:33.37
	3:59.94	4:48.01
	7:04.96	7:49.81
	9:58.65	10:40.85
		11:24.24
		DQ

#3 Women 45+ 800 Yard Free Relay

1 PHX	B	11:15.60
Dozer, Teresa W50		
Bolivar, JoAnne W48	O'Sullivan, Tara W45	
	37.38	1:18.93
	3:18.69	3:56.98
	5:54.16	6:37.58
	8:50.98	9:38.44
		10:23.68
		11:15.60

#3 Men 18+ 800 Yard Free Relay

1 MAC	A	8:16.69
Smith, Gordon M25	Adamavich, Doug M42	
Sieffert, James M43	Curtisi, Nate M22	
	25.10	52.85
	2:19.45	2:51.01
	4:29.13	5:05.20
	7:12.38	7:44.37
		8:16.95
		8:16.69

#3 Men 25+ 800 Yard Free Relay

1 PHX	A	8:33.51
Hannah, DJ M34	Johnson, Kent M42	
So, Stephen S M36	Spires, D M37	
	26.05	54.71
	2:30.84	3:06.13
	4:44.13	5:15.15
	6:47.25	7:19.68
		7:56.19
		8:33.51
2 FORD	A	9:44.81
Utsch, Jeffrey S M43	Stites, Jim M53	
Everett, Douglas D M47	Wallach, Ted M32	
	27.17	56.92
	2:32.68	3:10.50
	5:06.19	5:52.18
	7:54.72	8:30.62
		9:07.99
		9:44.81

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#6 Mixed 25+ 800 Yard Free Relay

1 FORD	A	8:16.55
Utsch, Jeffrey S M43	Wallach, Ted M32	
Byers, Meghan W27	Milak, Emily A W28	
2 FORD	B	10:03.90
Major, Becki P W47	Stites, Jim M53	
Everett, Douglas D M47	Bailey, Monica M W49	
3 PHX	B	10:34.03
Hannah, DJ M34	Spires, D M37	
Courtright, Lois W W49	Bolivar, JoAnne W48	

#6 Mixed 35+ 800 Yard Free Relay

1 PHX	A	12:43.67
So, Stephen S M36	Anderson, Linda W62	
Duckworth, Allan M60	Nore, Jennifer P W63	

#6 Mixed 45+ 800 Yard Free Relay

1 PHX	C	10:00.41
Beardsley, Robert M53	Joost, Ron M54	
	Dozer, Teresa W50	

#7 Women 18-24 1650 Yard Free

1 Gardner, Rochelle	24	SDM	22:51.10
35.92	1:16.31	1:57.45	2:39.10
3:20.86	4:02.59	4:43.95	5:25.85
6:08.32	6:50.55	7:32.74	8:14.99
8:57.01	9:39.56	10:21.19	11:02.23
11:43.09	12:24.21	13:05.93	13:47.24
14:29.11	15:11.29	15:53.63	16:36.06
17:18.65	18:01.58	18:43.55	19:26.16
20:09.07	20:50.91	21:31.03	22:12.11
22:51.10			

#7 Women 25-29 1650 Yard Free

1 Helmstrand, Julie	26	MAC	19:37.76
32.11	1:06.80	1:41.88	2:16.92
2:52.28	3:27.83	4:03.51	4:39.24
5:15.30	5:51.00	6:26.59	7:02.47
7:38.39	8:14.76	8:51.08	9:26.88
10:02.78	10:39.20	11:15.19	11:51.90
12:27.20	13:02.94	13:38.97	14:14.93
14:51.05	15:27.29	16:03.93	16:40.04
17:16.28	17:52.42	18:27.65	19:03.11
19:37.76			
2 Sherman, Melanie E	26	MAC	21:35.40
32.47	1:08.85	1:46.36	2:25.04
3:03.78	3:42.92	4:22.07	5:01.19
5:40.76	6:20.38	7:00.05	7:39.80
8:19.87	8:59.61	9:39.52	10:19.87
10:59.71	11:39.51	12:19.83	12:59.80
13:39.60	14:19.92	15:00.12	15:39.78
16:19.43	16:58.92	17:38.44	18:18.15
18:58.04	19:38.28	20:17.89	20:57.21
21:35.40			

#7 Women 30-34 1650 Yard Free

1 Nehrebecki, Helene	31	MAC	21:26.12
32.85	1:09.51	1:47.63	2:26.81
3:05.59	3:44.55	4:23.65	5:02.60
5:41.34	6:20.93	7:00.60	7:40.14
8:19.46	8:58.80	9:37.99	10:17.71
10:57.34	11:36.76	12:16.34	12:56.19
13:35.69	14:14.99	14:54.72	15:34.55
16:14.73	16:54.63	17:33.80	18:13.50
18:53.21	19:32.77	20:11.81	20:50.51
21:26.12			

#7 Women 40-44 1650 Yard Free

1 Tucker, Lorie	44	MAC	26:44.70
40.83	1:27.14	2:14.82	3:03.13
3:52.02	4:41.49	5:31.14	6:21.23
7:10.07	7:59.56	8:48.91	9:38.36
10:28.09	11:17.09	12:06.48	12:55.53
13:44.38	14:33.51	15:23.69	16:12.44
17:01.83	17:50.94	18:39.58	19:29.38
20:17.98	21:07.44	21:56.83	22:45.46
23:34.71	24:23.20	25:11.48	25:59.65
26:44.70			

#7 Women 45-49 1650 Yard Free

1 Bolivar, JoAnne	48	PHX	24:37.65
40.68	1:24.48	2:08.69	2:53.28
3:37.98	4:23.67	5:08.35	5:53.56
6:38.72	7:23.85	8:08.73	8:53.64
9:38.66	10:23.78	11:09.21	11:54.40
12:38.88	13:23.54	14:08.85	14:53.85
15:38.88	16:24.19	17:09.37	17:53.45
18:38.55	19:23.77	20:08.87	20:53.55
21:38.67	22:23.38	23:09.02	23:54.33
24:37.65			

#7 Women 50-54 1650 Yard Free

2 Glorioso, Liz	45	MAC	28:52.71
44.58	1:32.86	2:24.00	3:16.21
4:07.25	4:58.99	5:52.69	6:44.84
7:36.38	8:28.60	9:23.06	10:15.36
11:07.83	12:00.63	12:52.93	13:45.31
14:37.97	15:31.44	16:23.76	17:17.43
18:10.78	19:05.46	20:01.39	20:51.39
21:45.04	22:38.51	23:33.05	24:26.52
25:19.58	26:12.86	27:04.63	28:00.07
28:52.71			

#7 Women 50-54 1650 Yard Free

1 Mitchel, Sandy	51	LPCC	22:54.97
35.16	1:15.71	1:56.55	2:37.63
3:18.35	3:59.77	4:41.93	5:24.31
6:06.26	6:48.72	7:31.69	8:14.23
8:56.85	9:39.21	10:21.54	11:02.63
11:46.01	12:28.08	13:10.24	13:51.90
14:34.36	15:16.53	15:59.46	16:41.52
17:23.15	18:05.65	18:48.87	19:30.14
20:13.20	20:53.67	21:35.40	22:16.77
22:54.97			

2 McCabe, Tari	54	MAC	29:19.86
47.00	1:38.21	2:33.53	3:26.54
4:21.86	5:13.99	6:07.86	7:01.15
7:54.07	8:48.08	9:42.49	10:37.60
11:30.93	12:25.84	13:20.44	14:13.62
15:07.52	16:00.90	16:53.53	17:47.82
18:41.75	19:34.49	20:27.11	21:21.14
22:14.61	23:08.54	24:01.51	24:55.77
25:48.04	26:40.74	27:34.82	28:29.52
29:19.86			

#7 Women 55-59 1650 Yard Free

1 Gray, Patty M	59	MAC	25:07.23
39.59	1:22.64	2:07.54	2:52.61
3:38.10	4:23.81	5:09.64	5:55.19
6:41.26	7:27.30	8:13.45	8:59.33
9:45.56	10:32.45	11:19.20	12:05.65
12:51.81	13:37.96	14:24.46	15:11.18
15:57.93	16:44.71	17:31.26	18:17.80
19:04.77	19:51.75	20:39.55	21:26.70
22:13.91	23:01.22	23:48.51	24:34.48
25:07.23			

#7 Women 60-64 1650 Yard Free

1 Lyman, Carolyn	60	UTAH	24:19.90
37.41	1:18.12	2:01.40	2:45.37
3:29.40	4:13.31	4:57.50	5:42.41
6:27.72	7:12.84	7:57.60	8:41.97
9:27.41	10:12.50	10:57.06	11:41.96
12:25.91	13:10.19	13:54.52	14:39.03
15:23.71	16:08.39	16:53.66	17:38.18
18:23.04	19:07.70	19:52.63	20:37.15
21:21.90	22:06.91	22:51.32	23:35.82
24:19.90			

#7 Women 65-69 1650 Yard Free

1 Apodaca, Joyce R	67	GVSC	29:16.42
48.72	1:40.49	2:32.85	3:25.03
4:18.79	5:12.88	6:05.27	6:57.08
7:51.45	8:44.28	9:37.93	10:31.76
11:23.87	12:16.74	13:10.27	14:03.50
14:56.15	15:49.72	16:43.70	17:36.96
18:28.95	19:21.97	20:15.54	21:08.93
22:02.88	22:56.94	23:52.28	24:48.07
25:43.13	26:38.49	27:31.36	28:25.41
29:16.42			

#7 Men 18-24 1650 Yard Free

1 Rogers, Chris	18	SDM	20:03.94
29.34	1:03.14	1:39.10	2:14.85
2:52.10	3:28.09	4:05.77	4:43.58
5:21.71	5:59.13	6:36.49	7:12.68
7:49.59	8:26.54	9:03.10	9:39.28
10:15.66	10:51.00	11:27.22	12:04.31
12:42.26	13:19.82	13:55.21	14:32.76
15:10.55	15:48.29	16:23.65	17:00.20
17:37.36	18:15.18	18:51.60	19:29.37
20:03.94			

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#7 Men 40-44 1650 Yard Free					2 Joost, Ron 54 PHX 21:42.56					2 Atkin, Nichole D 24 MAC 29.60				
1 Dickson, Kurt F	43	SWS	17:27.40		33.98	1:10.76	1:48.73	2:27.43		3 St. Sauveur, Katelyn	22	SDM	30.17	
	29.39	1:00.77	1:32.48	2:03.98	3:06.27	3:45.31	4:24.30	5:03.26		4 Lyman, Shannon	18	UTAH	35.17	
	2:35.44	3:07.13	3:39.03	4:11.00	5:42.52	6:21.72	7:00.51	7:39.68	#9 Women 25-29 50 Yard Fly					
	4:42.93	5:14.96	5:46.57	6:18.51	8:18.84	8:58.18	9:37.07	10:16.58	1 Milak, Emily A	28	FORD	26.53		
	6:50.32	7:22.19	7:54.06	8:26.01	10:56.22	11:35.54	12:14.98	12:55.16	2 Schneider, Leah	26	WMAC	29.10		
	8:57.57	9:29.37	10:01.46	10:33.21	13:35.33	14:15.61	14:56.30	15:36.92	3 Eddy, Christina A	29	FORD	29.74		
	11:04.88	11:36.87	12:08.66	12:40.38	16:17.69	16:58.06	17:38.77	18:19.61	4 Helmstrand, Julie	26	MAC	29.80		
	13:12.20	13:44.27	14:16.63	14:48.94	19:00.38	19:41.24	20:21.83	21:02.95	5 Warman, Whitney	27	MAC	30.21		
	15:21.24	15:53.25	16:25.27	16:57.08	21:42.56				6 Bezdek, Summer	26	MAC	30.85		
	17:27.40								7 Mack, Rachel	28	MAC	31.00		
2 Johnson, Kent	42	PHX	19:13.11		40.52	1:25.18	2:12.42	3:00.86	#9 Women 30-34 50 Yard Fly					
	32.20	1:07.09	1:42.20	2:16.87	3:48.81	4:35.85	5:24.13	6:12.78	1 Caldas, Hannah	33	MAC	27.00		
	2:51.89	3:26.68	4:01.20	4:35.65	7:00.90	7:49.82	8:40.66	9:29.76	2 Pitney, Nancy	33	MAC	29.38		
	5:10.14	5:44.64	6:19.40	6:54.24	10:19.67	11:09.29	11:58.76	12:47.66	3 Nehrebecki, Helene	31	MAC	30.09		
	7:29.03	8:03.68	8:38.54	9:13.39	13:36.64	14:25.17	15:15.11	16:05.69	4 Mayer, Ashley N	31	SDM	30.83		
	9:48.30	10:23.83	10:58.98	11:34.28	16:55.08	17:45.09	18:34.91	19:23.58	5 Kolack, Gia	34	MAC	31.95		
	12:09.89	12:45.05	13:20.68	13:56.42	20:12.56	21:03.13	21:53.32	22:43.72	#9 Women 35-39 50 Yard Fly					
	14:32.30	15:07.89	15:43.46	16:18.96	23:31.74	24:18.84	25:06.74	25:51.44	1 Hart, Sheri	39	PNA	26.86		
	16:54.51	17:29.87	18:04.86	18:39.31	25:52.12				2 Zajdzinski, Meg	39	MAC	29.61		
	19:13.11								3 Gleason, Katherine K	36	SDM	30.08		
#7 Men 45-49 1650 Yard Free					#7 Men 55-59 1650 Yard Free					#9 Women 40-44 50 Yard Fly				
1 Becker, John C	46	FORD	19:50.72		1 Cahoon, Bradley	55	MAC	20:12.05		1 Chow, Michelle H	42	DAMM	26.77	
	32.22	1:07.50	1:43.30	2:19.24	31.91	1:06.32	1:42.52	2:17.66	2 Hill, Laurel	42	MAC	28.18		
	2:55.29	3:31.56	4:08.02	4:44.49	2:54.25	3:29.67	4:06.29	4:41.92	3 Rankin, Maureen	40	PHX	29.61		
	5:20.99	5:57.98	6:34.28	7:10.36	5:18.58	5:54.57	6:31.70	7:07.81	4 Strickland, Lacey	40	MAC	34.47		
	7:46.52	8:23.06	8:59.30	9:35.85	7:45.37	8:21.61	8:59.01	9:35.65	5 Ahlemeyer, Rayann L	42	ARIZ	44.71		
	10:12.04	10:48.14	11:24.29	12:00.61	10:13.25	10:50.34	11:27.75	12:05.55	6 Astarte, Susanna I	41	PSF	52.73		
	12:36.77	13:12.91	13:49.48	14:25.71	12:43.46	13:21.00	13:58.74	14:36.21	#9 Women 45-49 50 Yard Fly					
	15:02.21	15:38.65	16:14.94	16:51.30	15:13.97	15:51.70	16:29.19	17:06.60	1 McCue, Marika W	48	PHX	28.90		
	17:27.68	18:03.85	18:40.00	19:15.83	17:43.78	18:21.38	18:58.96	19:36.45	2 Smith, Laura	45	MAC	29.90		
	19:50.72				20:12.05				3 Jurek, Susan	48	DTAC	29.97		
2 Collins, Theodore	47	ARIZ	22:25.83		#7 Men 65-69 1650 Yard Free					4 DeLozier, Anna	47	TMM	32.72	
	34.31	1:12.01	1:50.58	2:29.92	1 Jones, Bob L	68	GVSC	26:25.77	5 Bolivar, JoAnne	48	PHX	35.65		
	3:09.49	3:49.14	4:29.03	5:09.20	44.46	1:31.49	2:18.67	3:05.56	6 Ramos, Wendy	46	PHX	43.32		
	5:49.56	6:29.94	7:10.44	7:51.17	3:52.87	4:39.87	5:26.23	6:13.19	7 Foster, Susan	49	SDM	44.32		
	8:31.64	9:12.02	9:52.54	10:33.49	7:00.00	7:46.85	8:33.19	9:19.68	#9 Women 50-54 50 Yard Fly					
	11:14.50	11:55.82	12:37.22	13:18.31	10:06.45	10:53.15	11:39.27	12:25.91	1 Mullaney, Amy B	50	MAC	33.43		
	14:00.54	14:43.20	15:26.19	16:09.21	13:13.49	14:00.78	14:48.03	15:34.83	2 Arriola, Susan	52	PRES	36.60		
	16:51.26	17:33.76	18:16.05	18:58.32	16:21.66	17:08.91	17:55.60	18:42.81	3 Butler, Terese A	53	SBM	41.96		
	19:40.51	20:22.97	21:04.74	21:46.37	19:29.68	20:16.22	21:02.43	21:49.20	#9 Women 55-59 50 Yard Fly					
	22:25.83				22:36.44	23:22.88	24:09.00	24:54.93	1 Lynch, Evie S	58	ARIZ	32.79		
					26:25.77				--- Gray, Patty M	59	MAC	DQ		
#7 Men 50-54 1650 Yard Free					#7 Men 70-74 1650 Yard Free					#9 Women 60-64 50 Yard Fly				
1 Shake, Scott D	52	FORD	18:24.55		1 Volk, Jim	71	AQST	28:12.35		1 Altman, Christie	61	SDM	34.95	
	29.86	1:03.02	1:36.62	2:10.41	47.40	1:36.57	2:28.89	3:18.80	2 Teichman, Karen	62	SCWS	46.14		
	2:44.04	3:17.70	3:51.22	4:24.71	4:09.73	5:00.67	5:52.87	6:42.01	#9 Women 70-74 50 Yard Fly					
	4:58.24	5:31.66	6:05.06	6:38.47	7:33.25	8:24.78	9:16.99	10:10.06	1 Clifford, Gynt	72	SDSM	39.58		
	7:11.98	7:45.47	8:19.08	8:52.77	11:00.78	11:52.29	12:45.52	13:37.34	2 Case, Mary Ann	71	SUN	39.68		
	9:26.74	10:00.66	10:34.59	11:08.35	14:28.74	15:20.79	16:11.94	17:03.14	#9 Women 80-84 50 Yard Fly					
	11:41.87	12:16.02	12:49.93	13:23.82	17:54.23	18:46.57	19:39.33	20:31.03	1 Taylor, Carol	81	FORD	58.13		
	13:57.46	14:31.12	15:04.82	15:38.43	21:23.59	22:15.61	23:07.46	23:59.38						
	16:12.00	16:45.57	17:19.17	17:52.73	24:51.17	25:41.39	26:33.45	27:23.42						
	18:24.55				28:12.35									
#9 Women 18-24 50 Yard Fly					1 Urbatchka, Colleen 24 MAC 29.25									

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#10 Men 18-24 50 Yard Fly

1	Cova, Jose L	18	UNAT	25.55
2	Anderson, Travis W	23	ARIZ	26.07
3	Curtisi, Nate	22	MAC	27.11
4	Arriola, Jonathan S	20	PRES	32.67

#10 Men 25-29 50 Yard Fly

1	Cova Brito, Luis A	25	UNAT	23.96
2	Ponce Jr, Jose A	28	PHX	25.04
3	Wallace, Wiley K	28	SDM	25.14
4	Smith, Gordon	25	MAC	25.21
5	Hasler, Kirk	25	MAC	27.88

#10 Men 30-34 50 Yard Fly

1	Cova, Luis E	30	UNAT	25.05
2	Hannah, DJ	34	PHX	25.91
3	Cummings, Kenneth C	32	TMM	26.45
4	Hranac, Sean	32	PHX	29.76
5	Glaeseman, David	31	MAC	30.33

#10 Men 35-39 50 Yard Fly

1	Leibrand, Daniel	38	MAC	25.22
2	Turner, Jason M	35	PHX	25.76
3	Valle, Marc	36	SDM	25.95
4	So, Stephen S	36	PHX	26.03
5	Ashbeck, Jeff	36	FORD	27.60

#10 Men 40-44 50 Yard Fly

1	Baker, Andrew J	40	NEP	26.46
2	Nicholas, Kent M	44	MAC	26.94
3	Ellis, Andrew F	42	TERR	27.62
4	Johnson, Kent	42	PHX	28.34
5	Sieffert, James	43	MAC	29.15
---	Montgomery, William D	44	TMM	DQ

#10 Men 45-49 50 Yard Fly

1	Taylor, Tim A	49	MAC	28.07
2	Harnsich, Rodney	47	PHX	33.42
3	Doherty, Rob	48	UNAT	34.82
4	Collins, Theodore	47	ARIZ	35.50
5	Everett, Douglas D	47	FORD	41.18

#10 Men 50-54 50 Yard Fly

1	Smith, Paul	51	MAC	24.99
2	Von Hoffman, Gerard	54	NOVA	26.35
3	Dozer, Gregory J	53	PHX	27.72
4	McGowan, David A	53	MAC	29.12
5	Vargas, Daniel	50	ARIZ	29.21
6	Bullock, Paul	51	PRES	30.19
7	Joost, Ron	54	PHX	30.45
8	Getts, David	54	PHX	34.49
9	Knox, Jayson	51	MAC	36.25
10	Kishi, Glen Y	52	ARIZ	37.05

#10 Men 55-59 50 Yard Fly

1	Piecuch, John T	55	MAC	27.20
2	McLintock, John	56	SDSM	29.08
3	Cahoon, Bradley	55	MAC	29.45
4	Tarajcak, Dan R	56	PHX	31.90
5	Orlikoff, Michael S	56	PHX	32.23

6 Bodmer, Tom 56 ARIZ 33.38

#10 Men 60-64 50 Yard Fly

1	Arnold, Jack S	63	SBM	31.90
2	Rayment, James C	64	ARIZ	33.93

#10 Men 65-69 50 Yard Fly

1	Jones, Bob L	68	GVSC	43.84
---	--------------	----	------	-------

#10 Men 70-74 50 Yard Fly

1	Freshley, Mike	70	SDSM	30.16
2	Williams, Frank	71	SDSM	32.46

#10 Men 75-79 50 Yard Fly

1	Fritz, Jack R	78	SBM	52.45
---	---------------	----	-----	-------

#11 Women 25-29 200 Yard Back

1	Helmstrand, Julie	26	MAC	2:27.89	
		34.65	1:12.03	1:50.21	2:27.89

#11 Women 30-34 200 Yard Back

1	Caldas, Hannah	33	MAC	2:16.18	
		31.24	1:05.13	1:40.13	2:16.18
2	Hosfeld, Jaimie L	34	ARIZ	2:31.68	
		33.76	1:10.35	1:50.20	2:31.68
3	Nehrebecki, Helene	31	MAC	2:47.96	
		40.25	1:23.63	2:06.71	2:47.96

#11 Women 35-39 200 Yard Back

1	Fridly, Diana	39	MAC	2:34.93	
		35.41	1:14.13	1:54.21	2:34.93

#11 Women 45-49 200 Yard Back

1	Bunch, Brigid J	47	PRES	2:20.20	
		32.80	1:07.84	1:43.77	2:20.20
2	Bailey, Monica M	49	FORD	2:32.04	
		35.18	1:13.77	1:53.39	2:32.04
3	DeLozier, Anna	47	TMM	2:36.44	
		36.86	1:16.19	1:56.80	2:36.44
4	Creswell-Liotta, Brenda	48	PHX	3:00.02	
		44.02	1:29.75	2:14.92	3:00.02

#11 Women 55-59 200 Yard Back

1	Lynch, Evie S	58	ARIZ	2:39.26	
		38.46	1:18.51	1:59.29	2:39.26
2	James, Katy	55	SDM	2:57.84	
		41.20	1:25.83	2:12.90	2:57.84

#11 Women 60-64 200 Yard Back

1	Schmidt, Jonelle	60	SDM	2:58.56	
		43.35	1:28.42	2:14.20	2:58.56
2	Lyman, Carolyn	60	UTAH	2:58.92	
		41.01	1:25.65	2:12.49	2:58.92
3	Stigers, Penny O	64	SBM	4:06.83	
		56.36	1:59.14	3:03.58	4:06.83

#11 Women 65-69 200 Yard Back

1	Marr, Jackie M	67	SDSM	3:02.52	
		41.72	1:27.24	2:15.47	3:02.52
2	Case, Malinda J	69	SUN	3:44.90	
		52.75	1:50.47	2:48.97	3:44.90

#11 Women 75-79 200 Yard Back

1	Listug, Mary L	79	SBM	6:05.39	
		1:21.33	2:53.85	4:31.08	6:05.39

#12 Men 30-34 200 Yard Back

1	Cummings, Kenneth C	32	TMM	2:15.02	
		30.79	1:04.23	1:39.28	2:15.02

#12 Men 35-39 200 Yard Back

1	Commings, Jeff P	37	PHX	1:56.99	
		26.83	55.93	1:26.21	1:56.99

#12 Men 40-44 200 Yard Back

1	Brundage, Patrick	44	SDM	2:03.15	
		29.71	1:00.17	1:31.73	2:03.15
2	Dickson, Kurt F	43	SWS	2:03.87	
		29.81	1:01.19	1:33.24	2:03.87
3	Utsch, Jeffrey S	43	FORD	2:17.32	
		32.39	1:07.00	1:42.06	2:17.32

#12 Men 45-49 200 Yard Back

1	Hickman, Mark	45	FORD	2:13.13	
		31.32	1:04.44	1:38.71	2:13.13

#12 Men 50-54 200 Yard Back

1	Shake, Scott D	52	FORD	2:11.59	
		31.81	1:05.21	1:38.70	2:11.59
2	Treiman, Gerald	50	UNAT	2:25.80	
		35.01	1:11.63	1:48.89	2:25.80
3	Beardsley, Robert	53	PHX	2:48.36	
		40.93	1:23.39	2:06.48	2:48.36

#12 Men 55-59 200 Yard Back

1	Foster, Doug	55	SDM	3:36.82	
		2:41.86	3:36.82	3:36.82	

#12 Men 65-69 200 Yard Back

1	Jones, Bob L	68	GVSC	3:32.33	
		51.51	1:45.78	2:40.79	3:32.33

#12 Men 70-74 200 Yard Back

1	LeRoy, Richard J	70	GRAND	3:13.40	
		42.90	1:31.25	2:21.53	3:13.40

#13 Women 18-24 100 Yard Breast

1	Gardner, Rochelle	24	SDM	1:20.58	
		37.37	1:20.58		
2	Lyman, Shannon	18	UTAH	1:36.85	
		44.52	1:36.85		

#13 Women 25-29 100 Yard Breast

1	Dixon, Felissa D	28	SDM	1:13.00	
		34.70	1:13.00		
2	Bezdek, Summer	26	MAC	1:15.89	
		36.47	1:15.89		
3	Schneider, Leah	26	WMAC	1:16.21	
		35.66	1:16.21		
4	Cobb, Kathleen	26	MAC	1:17.13	
		35.52	1:17.13		
5	Warman, Whitney	27	MAC	1:18.28	
		36.89	1:18.28		

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#13 Women 30-34 100 Yard Breast

1	Mayer, Ashley N	31	SDM	1:12.72
		34.88	1:12.72	
2	Zito, Loree	33	MAC	1:39.62
		47.25	1:39.62	

#13 Women 35-39 100 Yard Breast

1	Moxley, Shannon	35	DTAC	1:28.31
		41.42	1:28.31	

#13 Women 40-44 100 Yard Breast

1	Rankin, Maureen	40	PHX	1:13.21
		34.65	1:13.21	
2	So, Louise M	42	PHX	1:18.09
		36.99	1:18.09	
3	Johnson, Sarah J	41	FORD	1:20.37
		37.94	1:20.37	

#13 Women 45-49 100 Yard Breast

1	Bunch, Brigid J	47	PRES	1:22.23
		38.57	1:22.23	
2	Foster, Susan	49	SDM	1:39.39
		47.04	1:39.39	

#13 Women 50-54 100 Yard Breast

1	Mullaney, Amy B	50	MAC	1:23.36
		39.40	1:23.36	
2	Dozer, Teresa	50	PHX	1:30.05
		43.03	1:30.05	
3	McCabe, Tari	54	MAC	1:43.59
		49.38	1:43.59	

#13 Women 55-59 100 Yard Breast

1	Duane, Debbie	56	SDM	1:48.36
		50.20	1:48.36	

#13 Women 60-64 100 Yard Breast

1	Gillies, Judy L	63	FORD	1:44.41
		49.85	1:44.41	
2	Spencer, Billie J	61	SCWS	2:19.37
		1:05.86	2:19.37	
---	Gullingsrud, Barbara	60	SCWS	DQ
		53.80	DQ	

#13 Women 65-69 100 Yard Breast

1	Case, Malinda J	69	SUN	1:53.21
		57.26	1:53.21	

#13 Women 80-84 100 Yard Breast

1	Taylor, Carol	81	FORD	2:08.09
		1:01.84	2:08.09	

#13 Women 85-89 100 Yard Breast

---	Goldmann, Wilma M	85	SCWS	DQ
		1:48.76	DQ	

#14 Men 18-24 100 Yard Breast

1	Curtisi, Nate	22	MAC	1:07.82
		31.32	1:07.82	
2	Rogers, Chris	18	SDM	1:09.10
		32.99	1:09.10	

3	Arriola, Jonathan S	20	PRES	1:13.21
		34.40	1:13.21	

#14 Men 25-29 100 Yard Breast

1	Hasler, Kirk	25	MAC	1:05.21
		29.38	1:05.21	
2	Swick, John T	27	SDM	1:06.64
		31.46	1:06.64	

#14 Men 30-34 100 Yard Breast

1	Cummings, Kenneth C	32	TMM	1:08.63
		31.63	1:08.63	

#14 Men 35-39 100 Yard Breast

1	Spies, D	37	PHX	1:04.03
		30.04	1:04.03	
2	Ashbeck, Jeff	36	FORD	1:07.00
		32.41	1:07.00	

#14 Men 40-44 100 Yard Breast

1	Johnson, Bowen M	44	PHX	1:08.42
		32.13	1:08.42	
2	Adamavich, Doug	42	MAC	1:10.95
		34.05	1:10.95	
3	Gates, Steven T	44	UNAT	1:20.46
		38.67	1:20.46	

#14 Men 45-49 100 Yard Breast

1	Doherty, Rob	48	UNAT	1:23.25
		39.44	1:23.25	
2	Weaver, Donald E	46	PSF	1:23.87
		39.75	1:23.87	

#14 Men 50-54 100 Yard Breast

1	Von Hoffman, Gerard	54	NOVA	1:05.27
		30.58	1:05.27	
2	Dozer, Gregory J	53	PHX	1:08.93
		32.44	1:08.93	
3	Vargas, Daniel	50	ARIZ	1:09.17
		32.89	1:09.17	
4	Farnsworth, David	53	MAC	1:17.67
		36.89	1:17.67	
5	Getts, David	54	PHX	1:21.65
		39.22	1:21.65	
6	Kishi, Glen Y	52	ARIZ	1:21.91
		37.92	1:21.91	
7	Knox, Jayson	51	MAC	1:30.11
		41.53	1:30.11	

#14 Men 55-59 100 Yard Breast

1	Hinrichs, Richard	57	SDM	1:11.96
		34.07	1:11.96	
2	Liotta, Robert	59	PHX	1:15.43
		35.18	1:15.43	
3	Tarajcak, Dan R	56	PHX	1:19.37
		36.66	1:19.37	
4	Foster, Doug	55	SDM	1:45.72
		48.51	1:45.72	

#14 Men 60-64 100 Yard Breast

1	Springer, Douglas A	64	SBM	1:10.85
		33.59	1:10.85	
2	Gemmill, Dave G	63	PHX	1:19.62
		37.95	1:19.62	
3	Duckworth, Allan	60	PHX	1:23.61
		40.00	1:23.61	
4	Teichman, Thomas	62	SCWS	1:29.99
		41.78	1:29.99	

#14 Men 65-69 100 Yard Breast

1	Eisenklam, Peter	68	MAC	1:41.84
		48.83	1:41.84	

#14 Men 70-74 100 Yard Breast

1	Freshley, Mike	70	SDSM	1:19.99
		36.97	1:19.99	
2	Senger, Don	70	GRAND	1:34.27
		44.19	1:34.27	

#14 Men 75-79 100 Yard Breast

1	Peter, Harold E	76	SBM	1:47.05
		48.23	1:47.05	
2	Fritz, Jack R	78	SBM	2:15.44
		1:06.33	2:15.44	

#14 Men 80-84 100 Yard Breast

1	Gruender, Daniel F	81	ARIZ	2:01.46
		57.77	2:01.46	

#14 Men 85-89 100 Yard Breast

1	Kelley, Art	85	FORD	5:23.07
---	-------------	----	------	---------

#15 Women 18-24 50 Yard Free

1	Urbatchka, Colleen	24	MAC	26.79
2	St. Sauveur, Katelyn	22	SDM	26.93
3	Atkin, Nichole D	24	MAC	27.91
4	Gardner, Rochelle	24	SDM	30.09

#15 Women 25-29 50 Yard Free

1	Eddy, Christina A	29	FORD	26.36
2	Warman, Whitney	27	MAC	27.68
3	Dixon, Felissa D	28	SDM	27.99
4	Mack, Rachel	28	MAC	28.78
5	Cobb, Kathleen	26	MAC	28.93

#15 Women 30-34 50 Yard Free

1	Caldas, Hannah	33	MAC	24.50
2	Pitney, Nancy	33	MAC	26.43
3	Mayer, Ashley N	31	SDM	28.85
4	Swingle, Kristen L	34	FORD	30.06
5	Zito, Loree	33	MAC	34.37

#15 Women 35-39 50 Yard Free

1	Hart, Sheri	39	PNA	24.18
2	Zajdzinski, Meg	39	MAC	26.27
3	Gleason, Katherine K	36	SDM	27.52
4	Lembas, Jennifer	35	MAC	28.84

#15 Women 40-44 50 Yard Free

1	Chow, Michelle H	42	DAMM	24.42
---	------------------	----	------	-------

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

(#15 Women 40-44 50 Yard Free)				#16 Men 30-34 50 Yard Free				#16 Men 60-64 50 Yard Free									
2	Fazio, Heather A	40	PHX	26.91	1	Wallach, Ted	32	FORD	24.10	1	Springer, Douglas A	64	SBM	26.26			
3	Johnson, Sarah J	41	FORD	29.36	2	Glaeseman, David	31	MAC	25.67	2	Arnold, Jack S	63	SBM	28.45			
4	So, Louise M	42	PHX	29.62	#16 Men 35-39 50 Yard Free				3	Fuller, Vern	63	SDM	30.56				
5	Strickland, Lacey	40	MAC	30.52	1	Leibrand, Daniel	38	MAC	22.67	4	Haddock, Rand	63	MAC	31.19			
6	Ahlemeyer, Rayann L	42	ARIZ	33.74	2	Melnick, Jesse	38	FORD	23.09	5	Teichman, Thomas	62	SCWS	32.39			
7	Schafer, Tricia	41	PHX	42.05	3	So, Stephen S	36	PHX	23.80	6	Duckworth, Allan	60	PHX	34.14			
8	Astarte, Susanna I	41	PSF	43.10	4	Valle, Marc	36	SDM	23.97	#16 Men 65-69 50 Yard Free							
#15 Women 45-49 50 Yard Free				#16 Men 40-44 50 Yard Free				#16 Men 70-74 50 Yard Free									
1	McCue, Marika W	48	PHX	26.31	1	Nilsen, David B	42	PHX	23.00	1	Williams, Frank	71	SDSM	29.98			
*2	Bailey, Monica M	49	FORD	28.10	2	Baker, Andrew J	40	NEP	23.15	2	LeRoy, Richard J	70	GRAND	33.41			
*2	Smith, Laura	45	MAC	28.10	3	Utsch, Jeffrey S	43	FORD	24.19	#16 Men 90-94 50 Yard Free							
4	Major, Becki P	47	FORD	28.60	4	McDonald, Dale	41	SDM	24.74	1	Klein, Fred W	94	SBM	58.67			
5	Creswell-Liotta, Brenda	48	PHX	29.85	5	Nicholas, Kent M	44	MAC	24.80	#17 Women 18-24 400 Yard IM							
6	O'Sullivan, Tara	45	PHX	37.93	6	Montgomery, William D	44	TMM	24.88	1	Lyman, Shannon	18	UTAH	7:20.97			
7	Ramos, Wendy	46	PHX	39.46	7	Ellis, Andrew F	42	TERR	25.28	41.60	1:37.24	2:35.79	3:34.54				
#15 Women 50-54 50 Yard Free				#16 Men 45-49 50 Yard Free				4:32.36 5:36.19 6:29.95 7:20.97									
1	Mitchel, Sandy	51	LPCC	30.37	8	Dickson, Kurt F	43	SWS	26.53	#17 Women 25-29 400 Yard IM							
2	Butler, Terese A	53	SBM	36.28	9	Gates, Steven T	44	UNAT	28.24	1	Bezdek, Summer	26	MAC	5:04.96			
3	McCabe, Tari	54	MAC	38.84	#16 Men 50-54 50 Yard Free				31.61 1:08.54 1:48.85 2:28.41								
4	Raman, Marie E	54	PHX	46.11	1	O'Leary, Bill	46	UNAT	24.34	3:10.50 3:53.71 4:29.89 5:04.96							
#15 Women 55-59 50 Yard Free				#16 Men 55-59 50 Yard Free				2				Byers, Meghan	27	FORD	5:12.20		
1	Lynch, Evie S	58	ARIZ	30.30	2	Cotton, Daniel D	48	SWS	24.58	34.63 1:14.38 1:56.52 2:37.86							
#15 Women 60-64 50 Yard Free				#16 Men 60-64 50 Yard Free				3				Schneider, Leah	26	WMAC	5:12.69		
1	Altman, Christie	61	SDM	30.12	3	Richardson, Terry	49	SDM	24.78	31.86 1:09.28 1:50.33 2:31.03							
2	Teichman, Karen	62	SCWS	36.16	4	Hagen, Dean C	48	ARIZ	25.21	3:14.57 3:58.79 4:36.67 5:12.69							
3	Spencer, Billie J	61	SCWS	44.45	5	Taylor, Tim A	49	MAC	25.48	34.19 1:15.22 1:55.01 2:34.79							
4	Gullingsrud, Barbara	60	SCWS	46.32	6	Becker, John C	46	FORD	25.78	3:18.12 4:03.00 4:38.32 5:12.73							
#15 Women 65-69 50 Yard Free				#16 Men 65-69 50 Yard Free				#17 Women 30-34 400 Yard IM									
1	Marr, Jackie M	67	SDSM	33.99	7	Doherty, Rob	48	UNAT	27.56	1				Nehrebecki, Helene	31	MAC	5:32.99
2	Darnold, Maryellen	68	UNAT	1:03.40	8	Collins, Theodore	47	ARIZ	28.56	33.88 1:13.35 1:59.25 2:43.83							
#15 Women 70-74 50 Yard Free				#16 Men 70-74 50 Yard Free				3				29.73	3:29.34 4:15.15 4:55.56 5:32.99				
1	Clifford, Gynt	72	SDSM	34.02	9	Harnsich, Rodney	47	PHX	29.73	#17 Women 40-44 400 Yard IM							
2	Case, Mary Ann	71	SUN	37.54	10	Weaver, Donald E	46	PSF	33.09	1				Hill, Laurel	42	MAC	4:54.29
3	Fritz, Jill D	70	SBM	40.37	11	Everett, Douglas D	47	FORD	33.40	32.57 1:08.88 1:47.10 2:25.20							
#15 Women 80-84 50 Yard Free				#16 Men 75-79 50 Yard Free				2				Rankin, Maureen	40	PHX	5:09.65		
1	Harvey, Elisebeth	84	SCWS	53.66	1	Dozer, Gregory J	53	PHX	24.68	32.46 1:09.79 1:52.31 2:33.24							
#15 Women 85-89 50 Yard Free				#16 Men 80-84 50 Yard Free				3				Schafer, Tricia	41	PHX	7:24.48		
1	Goldmann, Wilma M	85	SCWS	1:13.95	2	Vargas, Daniel	50	ARIZ	26.74	54.38 1:59.98 2:55.62 3:52.09							
#16 Men 18-24 50 Yard Free				#16 Men 85-89 50 Yard Free				4				4:52.18 5:47.57 6:37.15 7:24.48					
1	Anderson, Travis W	23	ARIZ	23.50	3	McGowan, David A	53	MAC	27.22	#17 Women 45-49 400 Yard IM							
2	Cova, Jose L	18	UNAT	23.62	4	Bullock, Paul	51	PRES	27.58	1				Bunch, Brigid J	47	PRES	5:25.81
3	Curtisi, Nate	22	MAC	25.30	5	Rosania, JR	51	PHX	27.78	33.70 1:16.92 1:55.06 2:32.27							
4	Arriola, Jonathan S	20	PRES	27.95	6	Farnsworth, David	53	MAC	27.90	3:19.61 4:07.57 4:47.20 5:25.81							
#16 Men 25-29 50 Yard Free				#16 Men 90-94 50 Yard Free				#17 Women 50-54 400 Yard IM									
1	Cova Brito, Luis A	25	UNAT	22.22	1	Roth, Barry	56	FORD	24.12	2				32.46 1:09.79 1:52.31 2:33.24			
2	Wallace, Wiley K	28	SDM	22.33	2	Hickox, Tom	58	ARIZ	24.28	3:15.71 3:58.43 4:34.90 5:09.65							
3	Smith, Gordon	25	MAC	23.15	3	Piecuch, John T	55	MAC	24.33	3				Schafer, Tricia	41	PHX	7:24.48
4	Ponce Jr, Jose A	28	PHX	23.47	4	Cahoon, Bradley	55	MAC	25.95	54.38 1:59.98 2:55.62 3:52.09							
5	Swick, John T	27	SDM	24.41	*5	Modjeska, Mark E	58	PRES	26.11	4:52.18 5:47.57 6:37.15 7:24.48							
6	Hasler, Kirk	25	MAC	25.69	*5	McLintock, John	56	SDSM	26.11	#17 Women 55-59 400 Yard IM							
#16 Men 30-34 50 Yard Free				#16 Men 95-99 50 Yard Free				1				Bunch, Brigid J	47	PRES	5:25.81		
1	Wallach, Ted	32	FORD	24.10	1	Roth, Barry	56	FORD	24.12	1				33.70 1:16.92 1:55.06 2:32.27			
2	Glaeseman, David	31	MAC	25.67	2	Hickox, Tom	58	ARIZ	24.28	3:19.61 4:07.57 4:47.20 5:25.81							
#16 Men 35-39 50 Yard Free				#16 Men 100-104 50 Yard Free				#17 Women 60-64 400 Yard IM									
1	Leibrand, Daniel	38	MAC	22.67	1	Roth, Barry	56	FORD	24.12	2				32.46 1:09.79 1:52.31 2:33.24			
2	Melnick, Jesse	38	FORD	23.09	2	Hickox, Tom	58	ARIZ	24.28	3				Schafer, Tricia	41	PHX	7:24.48
3	So, Stephen S	36	PHX	23.80	3	Piecuch, John T	55	MAC	24.33	54.38 1:59.98 2:55.62 3:52.09							
4	Valle, Marc	36	SDM	23.97	4	Cahoon, Bradley	55	MAC	25.95	4:52.18 5:47.57 6:37.15 7:24.48							
5	Turner, Jason M	35	PHX	24.21	*5	Modjeska, Mark E	58	PRES	26.11	#17 Women 65-69 400 Yard IM							
#16 Men 40-44 50 Yard Free				#16 Men 105-109 50 Yard Free				1				Bunch, Brigid J	47	PRES	5:25.81		
1	Nilsen, David B	42	PHX	23.00	1	Roth, Barry	56	FORD	24.12	1				33.70 1:16.92 1:55.06 2:32.27			
2	Baker, Andrew J	40	NEP	23.15	2	Hickox, Tom	58	ARIZ	24.28	3:19.61 4:07.57 4:47.20 5:25.81							
3	Utsch, Jeffrey S	43	FORD	24.19	3	Piecuch, John T	55	MAC	24.33	#17 Women 70-74 400 Yard IM							
4	McDonald, Dale	41	SDM	24.74	4	Cahoon, Bradley	55	MAC	25.95	2				32.46 1:09.79 1:52.31 2:33.24			
5	Nicholas, Kent M	44	MAC	24.80	*5	Modjeska, Mark E	58	PRES	26.11	3				Schafer, Tricia	41	PHX	7:24.48
6	Montgomery, William D	44	TMM	24.88	*5	McLintock, John	56	SDSM	26.11	54.38 1:59.98 2:55.62 3:52.09							
7	Ellis, Andrew F	42	TERR	25.28	7	Kaufman, Thomas R	56	UNAT	27.80	4:52.18 5:47.57 6:37.15 7:24.48							
8	Dickson, Kurt F	43	SWS	26.53	8	Orlikoff, Michael S	56	PHX	27.90	#17 Women 75-79 400 Yard IM							
9	Gates, Steven T	44	UNAT	28.24	9	Tarajcak, Dan R	56	PHX	28.95	1				Bunch, Brigid J	47	PRES	5:25.81
#16 Men 45-49 50 Yard Free				#16 Men 110-114 50 Yard Free				1				33.70 1:16.92 1:55.06 2:32.27					
1	O'Leary, Bill	46	UNAT	24.34	1	Roth, Barry	56	FORD	24.12	3:19.61 4:07.57 4:47.20 5:25.81							
2	Cotton, Daniel D	48	SWS	24.58	2	Hickox, Tom	58	ARIZ	24.28	#17 Women 80-84 400 Yard IM							
3	Richardson, Terry	49	SDM	24.78	3	Piecuch, John T	55	MAC	24.33	1				Bunch, Brigid J	47	PRES	5:25.81
4	Hagen, Dean C	48	ARIZ	25.21	4	Cahoon, Bradley	55	MAC	25.95	1				33.70 1:16.92 1:55.06 2:32.27			
5	Taylor, Tim A	49	MAC	25.48	*5	Modjeska, Mark E	58	PRES	26.11	3:19.61 4:07.57 4:47.20 5:25.81							
6	Becker, John C	46	FORD	25.78	*5	McLintock, John	56	SDSM	26.11	#17 Women 85-89 400 Yard IM							
7	Doherty, Rob	48	UNAT	27.56	7	Kaufman, Thomas R	56	UNAT	27.80	1				Bunch, Brigid J	47	PRES	5:25.81
8	Collins, Theodore	47	ARIZ	28.56	8	Orlikoff, Michael S	56	PHX	27.90	1				33.70 1:16.92 1:55.06 2:32.27			
9	Harnsich, Rodney	47	PHX	29.73	9	Tarajcak, Dan R	56	PHX	28.95	3:19.61 4:07.57 4:47.20 5:25.81							
10	Weaver, Donald E	46	PSF	33.09	10	Bodmer, Tom	56	ARIZ	29.08	#17 Women 90-94 400 Yard IM							
11	Everett, Douglas D	47	FORD	33.40	11	Antonio, Alex A	56	UNAT	30.84	1				Bunch, Brigid J	47	PRES	5:25.81

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#21 Women 35-39 200 Yard Free

1	Lembas, Jennifer	35	MAC	2:20.95
	31.67	1:06.07	1:42.99	2:20.95

#21 Women 40-44 200 Yard Free

1	Schafer, Tricia	41	PHX	3:06.17
	43.66	1:31.94	2:19.01	3:06.17

#21 Women 45-49 200 Yard Free

1	DeLozier, Anna	47	TMM	2:18.18
	32.48	1:07.81	1:43.44	2:18.18
2	Major, Becki P	47	FORD	2:18.29
	32.08	1:06.60	1:42.39	2:18.29
3	Creswell-Liotta, Brenda	48	PHX	2:32.92
	34.71	1:12.90	1:52.08	2:32.92
4	Bolivar, JoAnne	48	PHX	2:46.46
	38.00	1:19.24	2:03.04	2:46.46
5	Courtright, Lois W	49	PHX	2:49.65
	37.88	1:21.34	2:06.80	2:49.65
6	O'Sullivan, Tara	45	PHX	3:05.45
	2:19.66	3:05.63	3:05.45	
7	Ramos, Wendy	46	PHX	3:21.03
	44.67	1:36.07	2:30.12	3:21.03

#21 Women 50-54 200 Yard Free

1	Mullaney, Amy B	50	MAC	2:26.86
	34.15	1:12.01	1:49.27	2:26.86
2	Mitchel, Sandy	51	LPCC	2:27.97
	33.95	1:12.78	1:49.89	2:27.97
3	Dozer, Teresa	50	PHX	2:43.64
	36.42	1:17.82	2:01.32	2:43.64

#21 Women 60-64 200 Yard Free

1	Schmidt, Jonelle	60	SDM	2:32.53
	35.28	1:14.06	1:53.23	2:32.53
2	Gillies, Judy L	63	FORD	2:52.48
	40.45	1:24.19	2:08.95	2:52.48
3	Teichman, Karen	62	SCWS	3:10.43
	42.59	1:29.02	2:19.10	3:10.43
4	Stigers, Penny O	64	SBM	3:24.91
	45.69	1:38.27	2:32.48	3:24.91
5	Nore, Jennifer P	63	PHX	3:38.13
	47.06	1:41.28	2:39.87	3:38.13
6	Spencer, Billie J	61	SCWS	3:55.21
	49.58	1:48.51	2:53.12	3:55.21

#21 Women 70-74 200 Yard Free

1	Fritz, Jill D	70	SBM	3:29.75
	47.21	1:38.54	2:34.55	3:29.75

#21 Women 80-84 200 Yard Free

1	Taylor, Carol	81	FORD	3:55.74
	56.87	1:57.32	2:58.04	3:55.74

#21 Women 85-89 200 Yard Free

1	Goldmann, Wilma M	85	SCWS	5:39.92
	1:19.62	5:39.92		

#22 Men 18-24 200 Yard Free

1	Curtisi, Nate	22	MAC	2:00.37
	28.09	57.88	1:29.15	2:00.37
2	Rogers, Chris	18	SDM	2:01.15
	27.05	57.76	1:29.85	2:01.15
3	Arriola, Jonathan S	20	PRES	2:16.82
	31.14	1:05.81	1:41.47	2:16.82

#22 Men 25-29 200 Yard Free

1	Swick, John T	27	SDM	1:55.40
	27.04	56.67	1:26.52	1:55.40
2	Ponce Jr, Jose A	28	PHX	1:58.58
	26.93	56.09	1:27.51	1:58.58

#22 Men 30-34 200 Yard Free

1	Hannah, DJ	34	PHX	1:57.03
	26.75	55.63	1:25.59	1:57.03
2	Wallach, Ted	32	FORD	1:58.31
	27.46	58.00	1:28.61	1:58.31

#22 Men 35-39 200 Yard Free

1	So, Stephen S	36	PHX	1:58.46
	26.59	56.20	1:26.96	1:58.46
2	Valle, Marc	36	SDM	2:01.39
	27.28	58.12	1:30.43	2:01.39

#22 Men 40-44 200 Yard Free

1	Utsch, Jeffrey S	43	FORD	1:50.55
	26.44	54.89	1:22.77	1:50.55
2	Dickson, Kurt F	43	SWS	1:54.64
	27.46	56.91	1:26.22	1:54.64
3	Brundage, Patrick	44	SDM	1:55.12
	26.82	55.52	1:24.62	1:55.12
4	McDonald, Dale	41	SDM	2:00.17
	28.15	58.54	1:29.29	2:00.17
5	Nilsen, David B	42	PHX	2:00.88
	28.50	59.80	1:30.87	2:00.88
6	Ellis, Andrew F	42	TERR	2:02.22
	28.11	59.58	1:31.31	2:02.22
7	Gates, Steven T	44	UNAT	2:11.16
	30.28	1:03.12	1:37.61	2:11.16
8	Sieffert, James	43	MAC	2:13.11
	31.54	1:05.98	1:39.77	2:13.11

#22 Men 45-49 200 Yard Free

1	Richardson, Terry	49	SDM	1:59.86
	28.04	58.55	1:29.49	1:59.86
2	O'Leary, Bill	46	UNAT	2:04.49
	29.55	1:00.88	1:33.12	2:04.49
3	Becker, John C	46	FORD	2:05.34
	29.17	1:00.87	1:33.25	2:05.34
4	Collins, Theodore	47	ARIZ	2:20.56
	31.79	1:07.15	1:43.77	2:20.56
5	Harnsich, Rodney	47	PHX	2:24.89
	33.48	1:11.41	1:49.17	2:24.89
6	Everett, Douglas D	47	FORD	2:46.51
	39.31	1:23.69	2:05.91	2:46.51

#22 Men 50-54 200 Yard Free

1	Bullock, Paul	51	PRES	2:13.49
	31.16	1:04.71	1:39.25	2:13.49
2	Stites, Jim	53	FORD	2:18.97
	32.89	1:08.02	1:44.30	2:18.97
3	Beardsley, Robert	53	PHX	2:23.65
	34.50	1:11.24	1:48.69	2:23.65
4	Rosania, JR	51	PHX	2:24.29
	32.45	1:09.04	1:47.00	2:24.29
5	Knox, Jayson	51	MAC	2:33.11
	33.12	1:10.95	1:51.59	2:33.11
6	Shaw, William E	54	PSF	2:46.79
	35.91	1:19.26	2:05.54	2:46.79

#22 Men 55-59 200 Yard Free

1	Hickox, Tom	58	ARIZ	1:56.54
	27.58	57.07	1:26.83	1:56.54
2	Modjeska, Mark E	58	PRES	2:04.98
	28.75	1:00.44	1:32.60	2:04.98
3	Cahoon, Bradley	55	MAC	2:05.82
	30.01	1:02.17	1:34.80	2:05.82
4	Antonio, Alex A	56	UNAT	2:36.05
	36.58	1:15.88	1:55.89	2:36.05
5	Liotta, Robert	59	PHX	2:51.40
	37.73	1:21.55	2:06.99	2:51.40

#22 Men 60-64 200 Yard Free

1	Springer, Douglas A	64	SBM	2:12.13
	31.04	1:04.61	1:39.20	2:12.13
2	Duckworth, Allan	60	PHX	2:44.00
	37.44	1:18.86	2:01.61	2:44.00

#22 Men 70-74 200 Yard Free

1	Williams, Frank	71	SDSM	2:32.50
	36.68	1:14.83	1:54.06	2:32.50
2	LeRoy, Richard J	70	GRAND	2:54.16
	39.82	1:24.57	2:11.30	2:54.16

#22 Men 75-79 200 Yard Free

1	Fritz, Jack R	78	SBM	3:30.96
	45.49	1:39.06	2:37.33	3:30.96

#23 Women 18-24 100 Yard IM

1	Atkin, Nichole D	24	MAC	1:07.17
	31.44	1:07.17		
2	Urbatchka, Colleen	24	MAC	1:09.73
	1:09.72	1:09.73		
3	Gardner, Rochelle	24	SDM	1:16.21
	36.29	1:16.21		
4	Lyman, Shannon	18	UTAH	1:25.86
	39.10	1:25.86		

#23 Women 25-29 100 Yard IM

1	Milak, Emily A	28	FORD	1:00.56
	27.27	1:00.56		
2	Schneider, Leah	26	WMAC	1:08.63
	31.81	1:08.63		
3	Mack, Rachel	28	MAC	1:08.81
	31.99	1:08.81		

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

(#23 Women 25-29 100 Yard IM)			---	Ramos, Wendy	46	PHX	DQ	2	Cummings, Kenneth C	32	TMM	1:00.47
4	Helmstrand, Julie	26	MAC	1:09.18	49.45		DQ		27.44		1:00.47	
		32.92		1:09.18				3	Hannah, DJ	34	PHX	1:00.99
5	Warman, Whitney	27	MAC	1:12.59					28.09		1:00.99	
		34.33		1:12.59				4	Wallach, Ted	32	FORD	1:06.18
#23 Women 30-34 100 Yard IM								5	Hranac, Sean	32	PHX	1:11.55
1	Caldas, Hannah	33	MAC	1:00.75					32.82		1:11.55	
		28.49		1:00.75				6	Glaeseman, David	31	MAC	1:16.77
2	Pitney, Nancy	33	MAC	1:06.39					32.34		1:16.77	
		30.79		1:06.39				#24 Men 35-39 100 Yard IM				
3	Mayer, Ashley N	31	SDM	1:10.65				1	Comings, Jeff P	37	PHX	53.53
		34.96		1:10.65					24.92		53.53	
4	Nehrebecki, Helene	31	MAC	1:10.99				2	Leibrand, Daniel	38	MAC	57.59
		33.62		1:10.99					25.81		57.59	
#23 Women 35-39 100 Yard IM								3	Spires, D	37	PHX	59.26
1	Hart, Sheri	39	PNA	58.88					28.16		59.26	
		27.12		58.88				4	Turner, Jason M	35	PHX	1:00.59
2	Zajdzinski, Meg	39	MAC	1:08.11					26.54		1:00.59	
		31.77		1:08.11				5	Ashbeck, Jeff	36	FORD	1:02.62
3	Gleason, Katherine K	36	SDM	1:08.55					30.09		1:02.62	
		31.52		1:08.55				#24 Men 40-44 100 Yard IM				
4	Fridly, Diana	39	MAC	1:13.24				1	Johnson, Bowen M	44	PHX	1:03.87
		33.44		1:13.24					29.44		1:03.87	
5	Moxley, Shannon	35	DTAC	1:19.13				2	Johnson, Kent	42	PHX	1:04.58
		36.17		1:19.13					30.43		1:04.58	
#23 Women 40-44 100 Yard IM								*3	Montgomery, William D	44	TMM	1:04.89
1	Chow, Michelle H	42	DAMM	1:03.52					30.61		1:04.89	
		28.79		1:03.52				*3	Ellis, Andrew F	42	TERR	1:04.89
2	Hill, Laurel	42	MAC	1:03.61					30.46		1:04.89	
		30.01		1:03.61				5	Gates, Steven T	44	UNAT	1:09.86
3	Rankin, Maureen	40	PHX	1:07.37					32.64		1:09.86	
		31.33		1:07.37				#24 Men 45-49 100 Yard IM				
4	Fazio, Heather A	40	PHX	1:12.65				1	Hickman, Mark	45	FORD	1:02.63
		33.67		1:12.65					29.84		1:02.63	
5	So, Louise M	42	PHX	1:14.83				2	Collins, Theodore	47	ARIZ	1:15.71
		36.32		1:14.83					35.31		1:15.71	
6	Johnson, Sarah J	41	FORD	1:16.46				3	Doherty, Rob	48	UNAT	1:16.24
		36.15		1:16.46					35.84		1:16.24	
7	Strickland, Lacey	40	MAC	1:18.29				4	Harnsich, Rodney	47	PHX	1:20.83
		35.20		1:18.29					38.05		1:20.83	
8	Ahlemeyer, Rayann L	42	ARIZ	1:32.63				5	Weaver, Donald E	46	PSF	1:28.15
		45.98		1:32.63					42.45		1:28.15	
9	Schafer, Tricia	41	PHX	1:43.03				---	Cotton, Daniel D	48	SWS	DQ
		51.67		1:43.03					30.14		DQ	
#23 Women 45-49 100 Yard IM								#24 Men 50-54 100 Yard IM				
1	McCue, Marika W	48	PHX	1:04.50				1	Von Hoffman, Gerard	54	NOVA	1:00.50
		29.26		1:04.50					28.60		1:00.50	
2	Bunch, Brigid J	47	PRES	1:08.01				2	Dozer, Gregory J	53	PHX	1:04.14
		30.27		1:08.01					29.21		1:04.14	
3	Jurek, Susan	48	DTAC	1:13.63				3	Vargas, Daniel	50	ARIZ	1:06.54
		31.93		1:13.63					32.17		1:06.54	
4	Creswell-Liotta, Brenda	48	PHX	1:19.00				4	McGowan, David A	53	MAC	1:10.01
		39.46		1:19.00					32.20		1:10.01	
#23 Women 50-54 100 Yard IM												
1	Butler, Terese A	53	SBM	1:37.06								
		46.50		1:37.06								
2	Raman, Marie E	54	PHX	1:58.16								
		55.24		1:58.16								
#23 Women 55-59 100 Yard IM												
1	Lynch, Evie S	58	ARIZ	1:17.56								
		36.25		1:17.56								
2	Duane, Debbie	56	SDM	1:50.03								
		50.83		1:50.03								
#23 Women 60-64 100 Yard IM												
1	Altman, Christie	61	SDM	1:18.51								
		36.05		1:18.51								
2	Schmidt, Jonelle	60	SDM	1:19.27								
		37.77		1:19.27								
3	Lyman, Carolyn	60	UTAH	1:25.48								
		40.07		1:25.48								
4	Teichman, Karen	62	SCWS	1:42.30								
		48.21		1:42.30								
#23 Women 65-69 100 Yard IM												
1	Marr, Jackie M	67	SDSM	1:30.22								
		41.83		1:30.22								
#23 Women 70-74 100 Yard IM												
1	Clifford, Gynt	72	SDSM	1:34.73								
		42.49		1:34.73								
2	Case, Mary Ann	71	SUN	1:51.66								
		49.31		1:51.66								
3	Fritz, Jill D	70	SBM	1:57.90								
		1:57.98		1:57.90								
#23 Women 80-84 100 Yard IM												
1	Taylor, Carol	81	FORD	2:02.48								
		59.66		2:02.48								
#24 Men 18-24 100 Yard IM												
1	Cova, Jose L	18	UNAT	59.99								
		26.73		59.99								
2	Anderson, Travis W	23	ARIZ	1:01.74								
		28.65		1:01.74								
3	Arriola, Jonathan S	20	PRES	1:09.79								
		33.91		1:09.79								
#24 Men 25-29 100 Yard IM												
1	Cova Brito, Luis A	25	UNAT	57.34								
		25.68		57.34								
2	Wallace, Wiley K	28	SDM	58.01								
		26.08		58.01								
3	Hasler, Kirk	25	MAC	1:04.16								
		32.11		1:04.16								
#24 Men 30-34 100 Yard IM												
1	Cova, Luis E	30	UNAT	58.91								
		26.53		58.91								

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#24 Men 50-54 100 Yard IM

5	Joost, Ron	54	PHX	1:12.70
	34.97	1:12.70		
6	Farnsworth, David	53	MAC	1:15.65
	35.49	1:15.65		
7	Getts, David	54	PHX	1:16.01
	35.97	1:16.01		
8	Kishi, Glen Y	52	ARIZ	1:18.39
	38.52	1:18.39		
9	Knox, Jayson	51	MAC	1:23.86
	38.16	1:23.86		
---	Shake, Scott D	52	FORD	DQ
	30.06	DQ		

#24 Men 55-59 100 Yard IM

1	Roth, Barry	56	FORD	1:04.21
	30.34	1:04.21		
2	Hinrichs, Richard	57	SDM	1:08.97
	32.86	1:08.97		
3	McLintock, John	56	SDSM	1:09.18
	32.94	1:09.18		
4	Bodmer, Tom	56	ARIZ	1:16.05
	35.67	1:16.05		

#24 Men 60-64 100 Yard IM

1	Springer, Douglas A	64	SBM	1:05.15
	31.70	1:05.15		
2	Gemmill, Dave G	63	PHX	1:15.18
	36.05	1:15.18		
3	Duckworth, Allan	60	PHX	1:32.22
	46.52	1:32.22		

#24 Men 65-69 100 Yard IM

1	Eisenklam, Peter	68	MAC	1:40.13
	49.44	1:40.13		

#24 Men 70-74 100 Yard IM

1	Senger, Don	70	GRAND	1:29.02
	41.25	1:29.02		

#24 Men 75-79 100 Yard IM

1	Fritz, Jack R	78	SBM	2:01.17
	57.77	2:01.17		

#25 Women 18+ 400 Yard Free Relay

1	MAC	D	4:06.44
	Urbatchka, Colleen W24	Atkin, Nichole D W24	
	Helmstrand, Julie W26	Mack, Rachel W28	
	29.22	1:00.22	1:29.43
	2:31.63	3:03.04	3:32.85
			4:06.44
2	SDM	A	4:10.85
	St. Sauveur, Katelyn W22	Mayer, Ashley N W31	
	Gardner, Rochelle W24	Dixon, Felissa D W28	
	29.12	1:00.05	1:29.18
	2:33.37	3:09.97	3:39.58
			4:10.85

#25 Women 25+ 400 Yard Free Relay

1	MAC	A	3:54.24
	Warman, Whitney W27	Cobb, Kathleen W26	
	Bezdek, Summer W26	Caldas, Hannah W33	
	29.15	1:00.57	1:29.74
	2:30.98	3:01.40	3:26.34
			3:54.24
2	FORD	A	3:57.88
	Byers, Meghan W27	Eddy, Christina A W29	
	Johnson, Sarah J W41	Milak, Emily A W28	
	29.25	1:01.05	1:28.99
	2:29.02	3:02.81	3:28.43
			3:57.88
3	MAC	B	4:19.15
	Nehrebecki, Helene W31	Strickland, Lacey W40	
	Lembas, Jennifer W35	Pitney, Nancy W33	
	31.82	1:05.53	1:36.13
	2:41.57	3:20.22	3:48.08
			4:19.15

#25 Women 35+ 400 Yard Free Relay

1	MAC	C	3:59.23
	Smith, Laura W45	Zajdzinski, Meg W39	
	Fridly, Diana W39	Hill, Laurel W42	
	29.22	1:00.43	1:28.46
	2:28.94	3:02.37	3:29.84
			3:59.23
2	SDM	A	4:36.53
	Altman, Christie W61	Gleason, Katherine K W36	
	Schmidt, Jonelle W60	James, Katy W55	
	32.59	1:09.22	1:37.74
	2:43.85	3:33.55	3:56.34
			4:36.53
3	PHX	A	4:46.59
	Rankin, Maureen W40	McCue, Marika W W48	
	Fazio, Heather A W40	So, Louise M W42	
	32.44	1:07.26	1:42.04
	2:52.50	3:29.74	4:06.01
			4:46.59
4	PHX	B	6:21.30
	Schafer, Tricia W41	O'Sullivan, Tara W45	
	Nore, Jennifer P W63	Ramos, Wendy W46	
	44.94	1:36.51	2:23.22
	3:59.21	4:43.29	5:30.16
			6:21.30

#25 Women 45+ 400 Yard Free Relay

1	PHX	C	5:03.81
		Creswell-Liotta, Brenda W4	
	Dozer, Teresa W50	Bolivar, JoAnne W48	
	34.29	1:09.99	1:44.62
	3:01.78	3:43.35	4:21.20
			5:03.81

#26 Men 18+ 400 Yard Free Relay

1	SDM	A	3:28.72
	Swick, John T M27	Wallace, Wiley K M28	
	Valle, Marc M36	Rogers, Chris M18	
	25.71	53.16	1:17.68
	2:08.99	2:36.64	3:01.11
			3:28.72
---	UNAT	A	X4:25.38
	31.29	1:05.38	1:36.82
	2:42.84	3:16.50	3:49.34
			4:25.38

---	MAC	D	DQ
	Curtisi, Nate M22	Hasler, Kirk M25	
	Glaeseman, David M31	Smith, Paul M51	
	26.55	54.92	1:21.66
	2:19.36	2:51.97	3:17.95
			DQ

#26 Men 25+ 400 Yard Free Relay

1	PHX	B	3:38.29
	So, Stephen S M36	Turner, Jason M M35	
	Ponce Jr, Jose A M28	Commings, Jeff P M37	
	25.36	53.15	1:18.68
	2:12.66	2:41.03	3:07.58
			3:38.29
2	FORD	A	3:39.78
	Wallach, Ted M32	Stites, Jim M53	
	Ashbeck, Jeff M36	Melnick, Jesse M38	
	26.04	53.77	1:22.12
	2:20.98	2:48.87	3:12.88
			3:39.78
3	PHX	A	3:57.52
	Hannah, DJ M34	Spires, D M37	
	Hranac, Sean M32	Johnson, Bowen M M44	
	28.97	1:00.36	1:30.39
	2:29.59	2:59.42	3:26.75
			3:57.52

#26 Men 35+ 400 Yard Free Relay

1	MAC	B	3:48.25
	Nicholas, Kent M M44	Sieffert, James M43	
	Taylor, Tim A M49	Adamavich, Doug M42	
	26.26	55.14	1:23.47
	2:21.50	2:51.68	3:18.75
			3:48.25
2	PHX	C	4:05.49
	Johnson, Kent M42	Dozer, Gregory J M53	
	Beardsley, Robert M53	Rosania, JR M51	
	30.24	1:03.94	1:36.61
	2:34.86	3:04.17	3:33.70
			4:05.49
3	MAC	A	4:26.53
	Piecuch, John T M55	Haddock, Rand M63	
	Eisenklam, Peter M68	Leibrand, Daniel M38	
	27.54	56.18	1:29.16
	2:46.61	3:32.83	3:58.51
			4:26.53

#26 Men 45+ 400 Yard Free Relay

1	FORD	B	3:42.10
	Shake, Scott D M52	Becker, John C M46	
	Hickman, Mark M45	Roth, Barry M56	
	27.98	56.73	1:23.94
	2:19.88	2:47.93	3:14.21
			3:42.10
2	MAC	C	4:12.71
	McGowan, David A M53	Knox, Jayson M51	
	Farnsworth, David M53	Cahoon, Bradley M55	
	27.84	57.37	1:29.12
	2:37.69	3:12.90	3:41.53
			4:12.71
3	PHX	D	4:44.82
	Joost, Ron M54	Getts, David M54	
	Harnsich, Rodney M47		
	29.31	1:00.13	1:32.04
	2:39.78	3:14.65	3:55.84
			4:44.82

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#26 Men 55+ 400 Yard Free Relay

1	PHX	E	5:06.91
	Liotta, Robert M59	Gemmill, Dave G M63	
	Tarajcak, Dan R M56	Duckworth, Allan M60	
	37.95	1:20.77	1:58.25
	3:13.25	3:48.00	4:25.32
			5:06.91

#28 Mixed 18+ 400 Yard Free Relay

1	SDM	A	3:45.86
	Mayer, Ashley N W31	St. Sauveur, Katelyn W22	
	Wallace, Wiley K M28	Swick, John T M27	
	29.18	1:00.41	1:29.68
	2:26.58	2:52.55	3:18.09
			3:45.86
2	SDM	B	3:50.96
	Rogers, Chris M18	Gleason, Katherine K W36	
	Valle, Marc M36	Dixon, Felissa D W28	
	26.05	54.85	1:22.81
	2:20.99	2:49.64	3:19.21
			3:50.96

#28 Mixed 25+ 400 Yard Free Relay

1	MAC	C	3:49.11
	Cahoon, Bradley M55	Zajdzinski, Meg W39	
	Bezdek, Summer W26	Leibrand, Daniel M38	
	28.38	58.89	1:27.20
	2:26.25	2:57.42	3:21.82
			3:49.11
2	FORD	B	3:51.59
	Ashbeck, Jeff M36	Milak, Emily A W28	
	Byers, Meghan W27	Becker, John C M46	
	27.69	55.94	1:23.20
	2:22.44	2:54.95	3:22.78
			3:51.59
3	MAC	A	3:53.91
	Hasler, Kirk M25	Caldas, Hannah W33	
	Warman, Whitney W27	Glaeseman, David M31	
	27.13	56.88	1:22.27
	2:19.23	2:50.42	3:18.12
			3:53.91
4	PHX	A	4:21.82
	Ponce Jr, Jose A M28	Hannah, DJ M34	
	Rankin, Maureen W40	So, Louise M W42	
	27.33	1:00.14	1:31.68
	2:42.95	3:21.82	3:49.76
			4:21.82
5	PHX	B	4:43.77
	Fazio, Heather A W40	Hranac, Sean M32	
	Schafer, Tricia W41	Turner, Jason M M35	
	33.14	1:08.52	1:51.71
	3:10.64	3:42.82	4:08.94
			4:43.77

#28 Mixed 35+ 400 Yard Free Relay

1	MAC	B	3:55.09
	Taylor, Tim A M49	Hill, Laurel W42	
	Smith, Laura W45	Nicholas, Kent M M44	
	28.07	57.26	1:26.94
	2:27.69	2:59.22	3:25.66
			3:55.09
2	PHX	C	4:22.30
	So, Stephen S M36	Johnson, Kent M42	
	McCue, Marika W W48		
	29.13	59.82	1:29.69
	2:37.00	3:14.14	3:47.23
			4:22.30

3	PHX	D	4:24.44
	Comings, Jeff P M37	Nilsen, David B M42	
	Creswell-Liotta, Brenda W4	Dozer, Teresa W50	
	27.62	57.35	1:24.77
	2:29.79	3:09.32	3:46.25
			4:24.44

#28 Mixed 45+ 400 Yard Free Relay

1	FORD	A	4:10.68
	Roth, Barry M56	Bailey, Monica M W49	
	Major, Becki P W47	Shake, Scott D M52	
	29.21	59.40	1:32.71
	2:40.05	3:14.56	3:42.07
			4:10.68
2	PHX	F	4:27.44
	Beardsley, Robert M53	Courtright, Lois W W49	
	O'Sullivan, Tara W45	Dozer, Gregory J M53	
	34.58	1:10.78	1:50.13
	2:51.25	3:13.73	3:59.71
			4:27.44
3	PHX	E	5:47.80
	Joost, Ron M54	Getts, David M54	
	Raman, Marie E W54	Ramos, Wendy W46	
	31.55	1:05.69	1:40.91
	3:11.54	4:13.37	5:47.80

#28 Mixed 55+ 400 Yard Free Relay

1	PHX	G	6:06.23
	Gemmill, Dave G M63	Duckworth, Allan M60	
	Nore, Jennifer P W63	Anderson, Linda W62	
	35.43	1:15.41	2:06.15
	3:00.54	3:38.72	4:34.09
			6:06.23

#29 Women 18-24 500 Yard Free

1	Gardner, Rochelle	24	SDM	6:33.24
	33.06	1:11.21	1:49.62	2:29.13
	3:09.39	3:50.65	4:31.82	5:12.78
	5:53.74	6:33.24		

#29 Women 25-29 500 Yard Free

1	Dixon, Felissa D	28	SDM	5:56.10
	32.47	1:07.81	1:43.73	2:20.08
	2:56.58	3:33.19	4:09.41	4:45.40
	5:21.63	5:56.10		

#29 Women 30-34 500 Yard Free

1	Caldas, Hannah	33	MAC	5:30.48
	28.50	59.88	1:32.84	2:06.55
	2:40.90	3:15.51	3:50.01	4:24.53
	4:58.69	5:30.48		
2	Kolack, Gia	34	MAC	6:13.57
	33.44	1:09.56	1:46.86	2:25.46
	3:04.44	3:43.56	4:22.36	5:00.38
	5:37.64	6:13.57		

#29 Women 35-39 500 Yard Free

1	Zajdzinski, Meg	39	MAC	5:41.07
	31.03	1:04.27	1:38.67	2:13.16
	2:47.57	3:22.39	3:57.25	4:32.53
	5:07.35	5:41.07		

#29 Women 40-44 500 Yard Free

1	Hill, Laurel	42	MAC	5:33.98
	30.58	1:03.88	1:37.72	2:11.77
	2:45.67	3:19.45	3:52.93	4:26.68
	5:00.46	5:33.98		
2	Schafer, Tricia	41	PHX	7:58.83
	43.08	1:30.74	2:18.80	3:07.57
	3:57.19	4:46.09	5:33.99	6:23.50
	7:11.86	7:58.83		

#29 Women 45-49 500 Yard Free

1	DeLozier, Anna	47	TMM	5:49.85
	32.03	1:07.26	1:43.10	2:18.76
	2:54.60	3:30.21	4:05.43	4:40.60
	5:16.12	5:49.85		
2	Major, Becki P	47	FORD	6:23.50
	37.13	1:15.12	1:54.60	2:33.14
	3:12.39	3:51.58	4:29.46	5:07.50
	5:46.30	6:23.50		
3	Bolivar, JoAnne	48	PHX	7:22.10
	52.23	1:36.48	2:20.17	
	3:05.04	3:49.41	4:34.80	5:19.60
	6:05.84	7:22.10		
4	Courtright, Lois W	49	PHX	7:27.67
	53.61	1:39.51	2:25.40	
	3:11.52	3:57.50	4:43.65	5:29.58
	6:15.18	7:27.67		

#29 Women 50-54 500 Yard Free

1	Arriola, Susan	52	PRES	7:39.91
	39.36	1:23.77	2:11.42	2:59.87
	3:47.23	4:34.55	5:22.03	6:10.27
	6:57.31	7:39.91		
2	Butler, Terese A	53	SBM	8:11.51
	40.39	1:29.09	2:18.38	3:08.87
	4:00.03	4:52.54	5:44.25	6:35.08
	7:23.97	8:11.51		

#29 Women 55-59 500 Yard Free

1	Lynch, Evie S	58	ARIZ	6:31.32
	35.77	1:14.65	1:53.81	2:33.69
	3:13.41	3:53.15	4:33.21	5:13.01
	5:52.17	6:31.32		
2	Gruender, Mitzi	55	ARIZ	8:34.08
	1:14.82	2:11.95	3:07.74	
	4:05.07	5:02.85	6:00.16	6:58.55
	7:56.86	8:34.08		
3	Ketterer, Sue	56	SUN	8:40.41
	43.53	1:34.89	2:28.18	3:22.01
	4:14.90	5:09.84	6:02.60	6:56.38
	7:50.06	8:40.41		

#29 Women 60-64 500 Yard Free

1	Gillies, Judy L	63	FORD	7:43.33
	56.57	1:43.38	2:30.69	
	3:17.70	4:04.94	4:52.07	5:39.35
	6:26.83	7:43.33		

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#32 Men 25-29 200 Yard Breast

1	Swick, John T	27	SDM	2:25.74
	33.06	1:09.97	1:47.43	2:25.74

#32 Men 35-39 200 Yard Breast

1	Ashbeck, Jeff	36	FORD	2:27.24
	34.13	1:11.62	1:50.57	2:27.24

#32 Men 40-44 200 Yard Breast

1	Johnson, Bowen M	44	PHX	2:29.90
	33.05	1:09.70	1:48.45	2:29.90
2	Adamavich, Doug	42	MAC	2:33.55
	34.98	1:13.35	1:53.03	2:33.55

#32 Men 50-54 200 Yard Breast

1	Von Hoffman, Gerard	54	NOVA	2:25.88
	33.46	1:10.72	1:48.18	2:25.88
2	Vargas, Daniel	50	ARIZ	2:37.62
	34.95	1:14.60	1:54.96	2:37.62

#32 Men 55-59 200 Yard Breast

1	Hinrichs, Richard	57	SDM	2:43.45
	36.94	1:17.93	2:00.89	2:43.45
2	Liotta, Robert	59	PHX	2:51.35
	38.57	1:22.44	2:07.31	2:51.35
3	Foster, Doug	55	SDM	3:54.63
	50.13	1:48.25	2:52.52	3:54.63

#32 Men 60-64 200 Yard Breast

1	Springer, Douglas A	64	SBM	2:37.93
	35.98	1:16.38	1:56.95	2:37.93
2	Gemmill, Dave G	63	PHX	2:56.80
	39.59	1:24.54	2:10.58	2:56.80
3	Duckworth, Allan	60	PHX	3:10.42
	42.09	1:31.10	2:21.21	3:10.42
4	Teichman, Thomas	62	SCWS	3:32.34
	43.86	1:36.85	2:34.73	3:32.34

#32 Men 65-69 200 Yard Breast

1	Eisenklam, Peter	68	MAC	3:53.73
	52.73	1:52.55	2:55.49	3:53.73

#32 Men 70-74 200 Yard Breast

1	Freshley, Mike	70	SDSM	2:51.25
	37.52	1:20.66	2:05.63	2:51.25
2	Bolze, Joseph R	71	METRO	3:30.91

#32 Men 75-79 200 Yard Breast

1	Peter, Harold E	76	SBM	4:01.64
	49.02	1:48.05	2:54.04	4:01.64
2	Fritz, Jack R	78	SBM	5:10.59
	1:04.01	2:20.41	3:30.26	5:10.59

#32 Men 80-84 200 Yard Breast

1	Gruender, Daniel F	81	ARIZ	4:27.34
	1:00.59	2:11.29	3:22.57	4:27.34

#32 Men 85-89 200 Yard Breast

---	Kelley, Art	85	FORD	DNF
-----	-------------	----	------	-----

#33 Women 25-29 100 Yard Fly

1	Milak, Emily A	28	FORD	57.66
	26.93			57.66
2	Harrigan, Kelly	26	MAC	58.73
	27.64			58.73
3	Schneider, Leah	26	WMAC	1:02.88
	28.92	1:02.88		

#33 Women 30-34 100 Yard Fly

1	Caldas, Hannah	33	MAC	1:01.52
	28.81	1:01.52		
2	Nehrebecki, Helene	31	MAC	1:07.16
	31.92	1:07.16		

#33 Women 40-44 100 Yard Fly

1	Hill, Laurel	42	MAC	1:03.17
	30.24	1:03.17		
2	Strickland, Lacey	40	MAC	1:19.61
	35.97	1:19.61		

#33 Women 45-49 100 Yard Fly

1	Smith, Laura	45	MAC	1:06.02
	30.80	1:06.02		
2	Jurek, Susan	48	DTAC	1:10.14
	31.83	1:10.14		
3	DeLozier, Anna	47	TMM	1:16.89
	34.22	1:16.89		
4	Bolivar, JoAnne	48	PHX	1:30.80
	42.51	1:30.80		

#33 Women 55-59 100 Yard Fly

1	Lynch, Evie S	58	ARIZ	1:19.96
	37.67	1:19.96		
2	Gray, Patty M	59	MAC	1:23.38
	36.46	1:23.38		

#33 Women 60-64 100 Yard Fly

1	Altman, Christie	61	SDM	1:21.21
	37.83	1:21.21		

#33 Women 70-74 100 Yard Fly

1	Clifford, Gynt	72	SDSM	1:33.48
	43.41	1:33.48		
2	Case, Mary Ann	71	SUN	1:41.10
	47.71	1:41.10		

#34 Men 18-24 100 Yard Fly

1	Anderson, Travis W	23	ARIZ	1:01.31
	27.27	1:01.31		
2	Curtisi, Nate	22	MAC	1:07.72
	31.85	1:07.72		

#34 Men 25-29 100 Yard Fly

1	Cova Brito, Luis A	25	UNAT	53.82
	25.08	53.82		
2	Smith, Gordon	25	MAC	56.54
	26.06	56.54		
3	Ponce Jr, Jose A	28	PHX	58.58
	26.67	58.58		

#34 Men 30-34 100 Yard Fly

1	Cummings, Kenneth C	32	TMM	1:01.69
	27.41	1:01.69		

#34 Men 35-39 100 Yard Fly

1	Turner, Jason M	35	PHX	56.06
	26.15	56.06		
2	Valle, Marc	36	SDM	58.39
	27.20	58.39		

#34 Men 40-44 100 Yard Fly

1	Johnson, Kent	42	PHX	1:00.98
	28.97	1:00.98		
2	Dickson, Kurt F	43	SWS	1:03.62
	29.60	1:03.62		

#34 Men 45-49 100 Yard Fly

1	Everett, Douglas D	47	FORD	1:43.68
	47.25	1:43.68		

#34 Men 50-54 100 Yard Fly

1	Vargas, Daniel	50	ARIZ	1:12.99
	32.10	1:12.99		

#34 Men 55-59 100 Yard Fly

1	Krongaard, Jeffrey	56	FORD	1:01.24
	29.12	1:01.24		
2	Cahoon, Bradley	55	MAC	1:07.43
	32.88	1:07.43		
3	Tarajcak, Dan R	56	PHX	1:15.83
	34.43	1:15.83		
---	Foster, Doug	55	SDM	DQ
	48.79	DQ		

#34 Men 65-69 100 Yard Fly

1	Jones, Bob L	68	GVSC	1:40.96
	47.57	1:40.96		

#34 Men 70-74 100 Yard Fly

1	Williams, Frank	71	SDSM	1:18.72
	37.42	1:18.72		
2	Bolze, Joseph R	71	METRO	1:33.37
	44.51	1:33.37		
3	LeRoy, Richard J	70	GRAND	1:44.20
	48.03	1:44.20		

#35 Women 18-24 50 Yard Back

1	Atkin, Nichole D	24	MAC	30.71
2	St. Sauveur, Katelyn	22	SDM	32.84
3	Urbatchka, Colleen	24	MAC	34.35
4	Gardner, Rochelle	24	SDM	35.94

#35 Women 25-29 50 Yard Back

1	Harrigan, Kelly	26	MAC	27.97
2	Cobb, Kathleen	26	MAC	34.37

#35 Women 30-34 50 Yard Back

1	Caldas, Hannah	33	MAC	29.99
2	Nehrebecki, Helene	31	MAC	35.31

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#35 Women 35-39 50 Yard Back

1	Gleason, Katherine K	36	SDM	31.35
2	Fridly, Diana	39	MAC	32.19

#35 Women 40-44 50 Yard Back

1	Chow, Michelle H	42	DAMM	28.90
2	Fazio, Heather A	40	PHX	32.80
3	Rankin, Maureen	40	PHX	33.60
4	Ahlemeyer, Rayann L	42	ARIZ	47.53

#35 Women 45-49 50 Yard Back

1	McCue, Marika W	48	PHX	29.40
2	Bailey, Monica M	49	FORD	30.86
3	Bunch, Brigid J	47	PRES	32.03
4	Smith, Laura	45	MAC	32.47
5	Jurek, Susan	48	DTAC	33.07
6	DeLozier, Anna	47	TMM	33.60
7	Major, Becki P	47	FORD	36.47
8	Bolivar, JoAnne	48	PHX	41.75
9	Creswell-Liotta, Brenda	48	PHX	41.93
10	O'Sullivan, Tara	45	PHX	45.19

#35 Women 50-54 50 Yard Back

1	Arriola, Susan	52	PRES	42.24
2	Butler, Terese A	53	SBM	51.18

#35 Women 55-59 50 Yard Back

1	Lynch, Evie S	58	ARIZ	34.36
2	James, Katy	55	SDM	35.59
3	Gray, Patty M	59	MAC	37.27

#35 Women 60-64 50 Yard Back

1	Teichman, Karen	62	SCWS	48.73
2	Stigers, Penny O	64	SBM	52.12

#35 Women 65-69 50 Yard Back

1	Marr, Jackie M	67	SDSM	42.22
2	Darnold, Maryellen	68	UNAT	1:20.99

#35 Women 70-74 50 Yard Back

1	Fritz, Jill D	70	SBM	48.21
---	---------------	----	-----	-------

#35 Women 75-79 50 Yard Back

1	Listug, Mary L	79	SBM	1:12.18
---	----------------	----	-----	---------

#35 Women 80-84 50 Yard Back

1	Harvey, Elisebeth	84	SCWS	1:01.84
2	Meyers, Maude	83	SCWS	1:16.63

#36 Men 18-24 50 Yard Back

1	Cova, Jose L	18	UNAT	27.22
---	--------------	----	------	-------

#36 Men 30-34 50 Yard Back

1	Cova, Luis E	30	UNAT	27.33
2	Cummings, Kenneth C	32	TMM	27.98
3	Glaeseman, David	31	MAC	31.88
4	Hranac, Sean	32	PHX	33.08

#36 Men 35-39 50 Yard Back

1	Spires, D	37	PHX	29.23
---	-----------	----	-----	-------

#36 Men 40-44 50 Yard Back

1	Dickson, Kurt F	43	SWS	28.61
2	Gates, Steven T	44	UNAT	32.81

#36 Men 45-49 50 Yard Back

1	Cotton, Daniel D	48	SWS	29.75
2	Richardson, Terry	49	SDM	30.22
3	Collins, Theodore	47	ARIZ	32.83

#36 Men 50-54 50 Yard Back

1	Smith, Paul	51	MAC	27.82
2	Beardsley, Robert	53	PHX	35.40
3	Vargas, Daniel	50	ARIZ	36.17
4	Baum, Randy L	53	ARIZ	50.30

#36 Men 60-64 50 Yard Back

1	Arnold, Jack S	63	SBM	35.71
---	----------------	----	-----	-------

#36 Men 65-69 50 Yard Back

1	Jones, Bob L	68	GVSC	47.49
---	--------------	----	------	-------

#36 Men 70-74 50 Yard Back

1	Freshley, Mike	70	SDSM	33.80
2	Senger, Don	70	GRAND	41.91

#36 Men 75-79 50 Yard Back

1	Peter, Harold E	76	SBM	48.43
2	Fritz, Jack R	78	SBM	58.38

#36 Men 85-89 50 Yard Back

1	Kelley, Art	85	FORD	2:27.30
---	-------------	----	------	---------

#36 Men 90-94 50 Yard Back

1	Klein, Fred W	94	SBM	1:34.80
---	---------------	----	-----	---------

#37 Women 25-29 200 Yard IM

1	Milak, Emily A	28	FORD	2:10.53	
		27.50	1:00.66	1:39.31	2:10.53
2	Schneider, Leah	26	WMAC	2:23.84	
		30.41	1:07.91	1:49.38	2:23.84
3	Warman, Whitney	27	MAC	2:27.92	
		31.20	1:10.64	1:53.85	2:27.92
4	Helmstrand, Julie	26	MAC	2:29.11	
		33.63	1:11.11	1:54.71	2:29.11

#37 Women 30-34 200 Yard IM

1	Caldas, Hannah	33	MAC	2:17.60	
		29.26	1:04.34	1:44.24	2:17.60
2	Mayer, Ashley N	31	SDM	2:29.97	
		32.84	1:13.99	1:54.13	2:29.97

#37 Women 35-39 200 Yard IM

1	Gleason, Katherine K	36	SDM	2:31.17	
		32.15	1:10.71	1:56.24	2:31.17
2	Moxley, Shannon	35	DTAC	2:51.31	
		36.07	1:18.37	2:09.36	2:51.31

#37 Women 40-44 200 Yard IM

1	Hill, Laurel	42	MAC	2:20.18	
		30.91	1:07.13	1:48.07	2:20.18
2	Rankin, Maureen	40	PHX	2:28.44	
		31.95	1:11.56	1:53.50	2:28.44

3	Schafer, Tricia	41	PHX	3:37.20	
		55.86	1:52.12	2:51.74	3:37.20

#37 Women 45-49 200 Yard IM

1	Bunch, Brigid J	47	PRES	2:30.27	
		32.39	1:07.12	1:52.79	2:30.27
2	DeLozier, Anna	47	TMM	2:35.64	
		35.27	1:14.63	2:01.60	2:35.64
3	Bailey, Monica M	49	FORD	2:36.32	
		34.96	1:15.52	2:01.84	2:36.32

#37 Women 50-54 200 Yard IM

1	Mullaney, Amy B	50	MAC	2:46.36	
		35.73	1:22.95	2:09.61	2:46.36
2	Dozer, Teresa	50	PHX	3:06.63	
		43.92	1:34.27	2:26.06	3:06.63

#37 Women 60-64 200 Yard IM

1	Teichman, Karen	62	SCWS	3:48.36	
		48.24	1:48.44	2:57.94	3:48.36

#37 Women 65-69 200 Yard IM

1	Marr, Jackie M	67	SDSM	3:07.56	
		45.75	1:32.92	2:27.90	3:07.56

#37 Women 70-74 200 Yard IM

1	Clifford, Gynt	72	SDSM	3:25.51	
		42.55	1:35.76	2:41.50	3:25.51

#37 Women 80-84 200 Yard IM

1	Taylor, Carol	81	FORD	4:24.55	
		2:13.09	3:26.20	4:24.53	4:24.55

#38 Men 18-24 200 Yard IM

1	Arriola, Jonathan S	20	PRES	2:33.04	
		33.77	1:14.88	1:56.47	2:33.04

#38 Men 30-34 200 Yard IM

1	Cummings, Kenneth C	32	TMM	2:22.06	
		29.01	1:04.43	1:46.69	2:22.06

#38 Men 35-39 200 Yard IM

1	Ashbeck, Jeff	36	FORD	2:14.25	
		28.79	1:04.97	1:43.32	2:14.25

#38 Men 40-44 200 Yard IM

1	Adamavich, Doug	42	MAC	2:18.93	
		29.37	1:07.93	1:47.87	2:18.93
2	Gates, Steven T	44	UNAT	2:36.38	
		33.65	1:15.07	2:00.18	2:36.38

#38 Men 50-54 200 Yard IM

1	Von Hoffman, Gerard	54	NOVA	2:15.85	
		29.06	1:05.59	1:43.87	2:15.85

#38 Men 55-59 200 Yard IM

1	Krongaard, Jeffrey	56	FORD	2:24.75	
		29.65	1:08.91	1:52.48	2:24.75
2	McLintock, John	56	SDSM	2:32.39	
		29.93	1:11.76	1:56.79	2:32.39
3	Foster, Doug	55	SDM	3:33.12	
		47.11	1:43.13	2:46.66	3:33.12

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#38 Men 60-64 200 Yard IM

1	Springer, Douglas A	64	SBM	2:26.75
		32.96	1:11.50	1:53.36
				2:26.75
2	Gemmill, Dave G	63	PHX	2:51.49
		35.33	1:25.27	2:12.42
				2:51.49

#38 Men 70-74 200 Yard IM

1	Bolze, Joseph R	71	METRO	3:11.36
		42.31	1:34.00	2:28.91
				3:11.36
2	LeRoy, Richard J	70	GRAND	3:24.72
		45.48	1:36.34	2:39.24
				3:24.72

#39 Women 18-24 100 Yard Free

1	St. Sauveur, Katelyn	22	SDM	59.14
		28.74	59.14	
2	Atkin, Nichole D	24	MAC	59.97
		29.14	59.97	
3	Urbatchka, Colleen	24	MAC	1:00.01
		28.36	1:00.01	
4	Gardner, Rochelle	24	SDM	1:06.41
		31.30	1:06.41	

#39 Women 25-29 100 Yard Free

1	Harrigan, Kelly	26	MAC	54.51
		26.19	54.51	
2	Thompson, Emily P	25	FORD	59.82
		28.30	59.82	
3	Warman, Whitney	27	MAC	1:00.12
		29.08	1:00.12	
4	Dixon, Felissa D	28	SDM	1:01.54
		29.68	1:01.54	
5	Cobb, Kathleen	26	MAC	1:02.24
		29.66	1:02.24	

#39 Women 30-34 100 Yard Free

1	Hosfeld, Jaimie L	34	ARIZ	57.30
		27.52	57.30	
2	Nehrebecki, Helene	31	MAC	1:01.80
		29.95	1:01.80	

#39 Women 35-39 100 Yard Free

1	Zajdzinski, Meg	39	MAC	57.80
		28.02	57.80	
2	Fridly, Diana	39	MAC	1:04.40
		30.85	1:04.40	

#39 Women 40-44 100 Yard Free

1	Fazio, Heather A	40	PHX	59.78
		28.99	59.78	
2	Chow, Michelle H	42	DAMM	1:04.33
		24.54	1:04.33	
3	Strickland, Lacey	40	MAC	1:11.27
		32.49	1:11.27	
4	Ahlemeyer, Rayann L	42	ARIZ	1:17.26
		37.36	1:17.26	
5	Schafer, Tricia	41	PHX	1:26.88
		41.20	1:26.88	

#39 Women 45-49 100 Yard Free

1	McCue, Marika W	48	PHX	57.35
		27.60	57.35	
2	Smith, Laura	45	MAC	1:00.81
		29.32	1:00.81	
3	Bailey, Monica M	49	FORD	1:04.07
		30.52	1:04.07	
4	DeLozier, Anna	47	TMM	1:04.24
		30.88	1:04.24	
5	Major, Becki P	47	FORD	1:04.69
		31.08	1:04.69	
6	Creswell-Liotta, Brenda	48	PHX	1:13.55
		34.06	1:13.55	
7	Courtright, Lois W	49	PHX	1:17.25
		36.94	1:17.25	
8	O'Sullivan, Tara	45	PHX	1:25.61
		1:26.20	1:25.61	

#39 Women 50-54 100 Yard Free

1	Mitchel, Sandy	51	LPCC	1:07.17
		32.23	1:07.17	
2	Raman, Marie E	54	PHX	1:49.33
		50.93	1:49.33	

#39 Women 55-59 100 Yard Free

1	Duane, Debbie	56	SDM	1:33.94
		42.83	1:33.94	

#39 Women 60-64 100 Yard Free

1	Altman, Christie	61	SDM	1:06.70
		31.59	1:06.70	
2	Schmidt, Jonelle	60	SDM	1:08.57
		33.09	1:08.57	
3	Teichman, Karen	62	SCWS	1:25.01
		41.00	1:25.01	
4	Stigers, Penny O	64	SBM	1:33.70
		44.56	1:33.70	
5	Spencer, Billie J	61	SCWS	1:37.16
		46.78	1:37.16	
6	Nore, Jennifer P	63	PHX	1:38.90
		47.36	1:38.90	

#39 Women 70-74 100 Yard Free

1	Case, Mary Ann	71	SUN	1:27.42
		1:27.41	1:27.42	
2	Fritz, Jill D	70	SBM	1:35.75
		43.11	1:35.75	

#39 Women 80-84 100 Yard Free

1	Harvey, Elisabeth	84	SCWS	2:06.38
		2:06.55	2:06.38	

#40 Men 18-24 100 Yard Free

1	Anderson, Travis W	23	ARIZ	53.40
		25.72	53.40	
2	Rogers, Chris	18	SDM	53.76
		25.74	53.76	
3	Curtisi, Nate	22	MAC	55.28
		26.72	55.28	

4	Arriola, Jonathan S	20	PRES	1:02.14
		29.46	1:02.14	

#40 Men 25-29 100 Yard Free

1	Smith, Gordon	25	MAC	49.45
		23.82	49.45	
2	Ponce Jr, Jose A	28	PHX	50.84
		24.38	50.84	
3	Swick, John T	27	SDM	52.00
		25.07	52.00	

#40 Men 30-34 100 Yard Free

1	Wallach, Ted	32	FORD	52.42
		25.34	52.42	
2	Hannah, DJ	34	PHX	52.63
		24.94	52.63	
3	Cummings, Kenneth C	32	TMM	56.64
		26.64	56.64	
4	Glaeseman, David	31	MAC	58.35
		26.46	58.35	

#40 Men 35-39 100 Yard Free

1	Commings, Jeff P	37	PHX	49.26
		23.94	49.26	
2	Turner, Jason M	35	PHX	53.60
		25.74	53.60	
3	Valle, Marc	36	SDM	53.66
		25.83	53.66	

#40 Men 40-44 100 Yard Free

1	Nicholas, Kent M	44	MAC	53.96
		25.69	53.96	
2	Dickson, Kurt F	43	SWS	54.40
3	Johnson, Bowen M	44	PHX	57.84
		27.57	57.84	
4	Sieffert, James	43	MAC	58.50
		28.75	58.50	
5	Gates, Steven T	44	UNAT	1:00.06
		29.43	1:00.06	
6	Murphy, Timothy W	41	UNAT	1:00.33
		29.58	1:00.33	

#40 Men 45-49 100 Yard Free

1	Richardson, Terry	49	SDM	54.19
		26.44	54.19	
2	Cotton, Daniel D	48	SWS	54.94
		25.69	54.94	
3	Becker, John C	46	FORD	56.46
		27.27	56.46	
4	Taylor, Tim A	49	MAC	56.73
		27.11	56.73	
5	Collins, Theodore	47	ARIZ	1:03.92
		30.92	1:03.92	
6	Harnsich, Rodney	47	PHX	1:04.67
		30.88	1:04.67	

#40 Men 50-54 100 Yard Free

1	McGowan, David A	53	MAC	59.45
		28.58	59.45	

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

(#40 Men 50-54 100 Yard Free)				#41 Women 30-34 200 Yard Fly				#43 Women 35-39 50 Yard Breast						
2	Bullock, Paul	51	PRES	1:00.14	1	Nehrebecki, Helene	31	MAC	2:46.30	1	Moxley, Shannon	35	DTAC	40.42
	28.78	1:00.14				35.63	1:18.31	2:01.58	2:46.30					
3	Stites, Jim	53	FORD	1:01.67	#41 Women 45-49 200 Yard Fly				#43 Women 40-44 50 Yard Breast					
	30.50	1:01.67			1	Bunch, Brigid J	47	PRES	3:01.49	1	Chow, Michelle H	42	DAMM	33.54
4	Beardsley, Robert	53	PHX	1:03.18		35.85	1:21.19	2:11.31	3:01.49	2	Rankin, Maureen	40	PHX	33.64
	30.86	1:03.18			2	Bolivar, JoAnne	48	PHX	3:18.35	3	Chasson, Jill J	41	SDM	33.77
5	Kishi, Glen Y	52	ARIZ	1:04.78		44.70	1:36.38	2:29.20	3:18.35	4	So, Louise M	42	PHX	36.25
	30.97	1:04.78			#41 Women 55-59 200 Yard Fly				#43 Women 45-49 50 Yard Breast					
6	Baum, Randy L	53	ARIZ	1:30.82	1	Lynch, Evie S	58	ARIZ	3:06.35	6	Ahlemeyer, Rayann L	42	ARIZ	46.71
	40.76	1:30.82				39.98	1:25.88	2:15.06	3:06.35	7	Astarte, Susanna I	41	PSF	52.12
#40 Men 55-59 100 Yard Free					2	James, Katy	55	SDM	3:22.45	#43 Women 50-54 50 Yard Breast				
1	Hickox, Tom	58	ARIZ	52.53		44.74	1:36.64	2:29.86	3:22.45	1	McCue, Marika W	48	PHX	35.11
	25.87	52.53			#42 Men 35-39 200 Yard Fly				#43 Women 45-49 50 Yard Breast					
2	Roth, Barry	56	FORD	54.56	1	Ashbeck, Jeff	36	FORD	2:18.53	2	Bunch, Brigid J	47	PRES	37.67
	26.44	54.56				31.49	1:06.20	1:41.87	2:18.53	3	Creswell-Liotta, Brenda	48	PHX	41.86
3	Cahoon, Bradley	55	MAC	56.51	2	Valle, Marc	36	SDM	2:24.52	4	Foster, Susan	49	SDM	47.19
	27.41	56.51				29.29	1:04.63	1:42.99	2:24.52	#43 Women 55-59 50 Yard Breast				
4	Modjeska, Mark E	58	PRES	57.23	#42 Men 40-44 200 Yard Fly				#43 Women 60-64 50 Yard Breast					
	27.53	57.23		1	Dickson, Kurt F	43	SWS	2:11.75	1	Dozer, Teresa	50	PHX	41.25	
5	McLintock, John	56	SDSM	1:00.47		30.21	1:04.08	1:37.94	2:11.75	2	Mitchel, Sandy	51	LPCC	41.34
	29.71	1:00.47		2	Johnson, Kent	42	PHX	2:16.59	2:16.59	3	Butler, Terese A	53	SBM	47.13
6	Kaufman, Thomas R	56	UNAT	1:02.32		30.49	1:05.25	1:40.78	2:16.59	4	Raman, Marie E	54	PHX	56.02
	30.60	1:02.32		#42 Men 45-49 200 Yard Fly				#43 Women 65-69 50 Yard Breast						
7	Tarajcak, Dan R	56	PHX	1:03.58	1	Richardson, Terry	49	SDM	2:25.94	1	Case, Malinda J	69	SUN	49.70
	29.36	1:03.58				32.02	1:08.54	1:46.84	2:25.94	#43 Women 75-79 50 Yard Breast				
8	Bodmer, Tom	56	ARIZ	1:04.36	2	Everett, Douglas D	47	FORD	3:39.63	1	Listug, Mary L	79	SBM	1:41.04
	30.53	1:04.36				49.24	1:45.07	2:43.73	3:39.63	#43 Women 80-84 50 Yard Breast				
9	Antonio, Alex A	56	UNAT	1:09.59	#42 Men 55-59 200 Yard Fly				#43 Women 18-24 50 Yard Breast					
	33.44	1:09.59		1	Liotta, Robert	59	PHX	2:53.12	1	Urbatchka, Colleen	24	MAC	35.04	
#40 Men 60-64 100 Yard Free						37.46	1:22.28	2:08.03	2:53.12	2	Gardner, Rochelle	24	SDM	36.88
1	Springer, Douglas A	64	SBM	1:02.09	#42 Men 65-69 200 Yard Fly				#43 Women 25-29 50 Yard Breast					
	30.14	1:02.09		1	Jones, Bob L	68	GVSC	3:39.35	1	Milak, Emily A	28	FORD	32.44	
2	Kane, Marshall	61	PRES	1:02.24		51.17	1:48.02	2:44.84	3:39.35	2	Dixon, Felissa D	28	SDM	34.59
	30.45	1:02.24		#42 Men 70-74 200 Yard Fly				#43 Women 30-34 50 Yard Breast						
3	Fuller, Vern	63	SDM	1:08.38	1	Bolze, Joseph R	71	METRO	3:25.41	1	Caldas, Hannah	33	MAC	30.72
	34.01	1:08.38				44.47	1:36.38	2:30.43	3:25.41	2	Mayer, Ashley N	31	SDM	33.34
4	Haddock, Rand	63	MAC	1:11.22	#43 Women 18-24 50 Yard Breast				#44 Men 18-24 50 Yard Breast					
	34.10	1:11.22		1	Urbatchka, Colleen	24	MAC	35.04	1	Curtisi, Nate	22	MAC	31.46	
5	Teichman, Thomas	62	SCWS	1:17.40	2	Gardner, Rochelle	24	SDM	36.88	2	Anderson, Travis W	23	ARIZ	32.00
	34.05	1:17.40		3	Atkin, Nichole D	24	MAC	37.29	3	Rogers, Chris	18	SDM	32.34	
#40 Men 65-69 100 Yard Free					#43 Women 25-29 50 Yard Breast				#44 Men 25-29 50 Yard Breast					
1	Eisenklam, Peter	68	MAC	1:24.83	1	Milak, Emily A	28	FORD	32.44	1	Swick, John T	27	SDM	31.40
	39.26	1:24.83		2	Dixon, Felissa D	28	SDM	34.59	#44 Men 30-34 50 Yard Breast					
#40 Men 70-74 100 Yard Free					3	Helmstrand, Julie	26	MAC	36.05	1	Cummings, Kenneth C	32	TMM	31.42
1	LeRoy, Richard J	70	GRAND	1:16.21	4	Warman, Whitney	27	MAC	36.58	2	Glaeseman, David	31	MAC	37.64
	36.95	1:16.21		#43 Women 30-34 50 Yard Breast				#44 Men 35-39 50 Yard Breast						
#40 Men 75-79 100 Yard Free					1	Caldas, Hannah	33	MAC	30.72	1	Comings, Jeff P	37	PHX	26.55
1	Fritz, Jack R	78	SBM	1:29.81	2	Mayer, Ashley N	31	SDM	33.34	2	Spires, D	37	PHX	29.29
	41.84	1:29.81		#43 Women 35-39 50 Yard Breast				#44 Men 40-44 50 Yard Breast						
#41 Women 25-29 200 Yard Fly					1	Moxley, Shannon	35	DTAC	40.42	1	Chow, Michelle H	42	DAMM	33.54
1	Schneider, Leah	26	WMAC	2:25.89						2	Rankin, Maureen	40	PHX	33.64
	31.54	1:07.85	1:46.58	2:25.89						3	Chasson, Jill J	41	SDM	33.77
										4	So, Louise M	42	PHX	36.25
										5	Johnson, Sarah J	41	FORD	36.86
										6	Ahlemeyer, Rayann L	42	ARIZ	46.71
										7	Astarte, Susanna I	41	PSF	52.12

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

#44 Men 40-44 50 Yard Breast

1	Johnson, Bowen M	44	PHX	32.15
2	Adamavich, Doug	42	MAC	32.75
3	Murphy, Timothy W	41	UNAT	35.61

#44 Men 45-49 50 Yard Breast

1	Weaver, Donald E	46	PSF	38.41
2	Collins, Theodore	47	ARIZ	39.60

#44 Men 50-54 50 Yard Breast

1	Von Hoffman, Gerard	54	NOVA	30.81
2	Vargas, Daniel	50	ARIZ	31.40
3	McGowan, David A	53	MAC	35.22
4	Bullock, Paul	51	PRES	36.24
5	Kishi, Glen Y	52	ARIZ	36.51
6	Beardsley, Robert	53	PHX	38.60

#44 Men 55-59 50 Yard Breast

1	Roth, Barry	56	FORD	32.46
2	McLintock, John	56	SDSM	34.12
3	Liotta, Robert	59	PHX	35.98
4	Tarajcak, Dan R	56	PHX	36.77
5	Bodmer, Tom	56	ARIZ	39.14

#44 Men 60-64 50 Yard Breast

1	Springer, Douglas A	64	SBM	31.98
2	Arnold, Jack S	63	SBM	37.40
3	Duckworth, Allan	60	PHX	38.95
4	Teichman, Thomas	62	SCWS	39.69

#44 Men 65-69 50 Yard Breast

1	Eisenklam, Peter	68	MAC	41.58
---	------------------	----	-----	-------

#44 Men 70-74 50 Yard Breast

1	Senger, Don	70	GRAND	40.71
2	LeRoy, Richard J	70	GRAND	51.08

#44 Men 75-79 50 Yard Breast

1	Peter, Harold E	76	SBM	46.64
---	Fritz, Jack R	78	SBM	DQ

#44 Men 80-84 50 Yard Breast

3	Gruender, Daniel F	81	ARIZ	52.52
---	--------------------	----	------	-------

#44 Men 85-89 50 Yard Breast

1	Kelley, Art	85	FORD	2:11.29
---	-------------	----	------	---------

#45 Women 18+ 400 Yard Medley Relay

1	MAC	B	4:37.48	
	Atkin, Nichole D W24	Nehrebecki, Helene W31		
	Urbatchka, Colleen W24	Cobb, Kathleen W26		
	32.13	1:06.92	1:44.47	2:26.75
	2:58.64	3:35.40	4:04.89	4:37.48
2	SDM	B	4:45.40	
	St. Sauveur, Katelyn W22	Mayer, Ashley N W31		
	Dixon, Felissa D W28	Gardner, Rochelle W24		
	35.71	1:12.74	1:46.81	2:25.47
	2:58.05	3:36.96	4:08.42	4:45.40

#45 Women 25+ 400 Yard Medley Relay

1	MAC	A	4:23.05	
	Helmstrand, Julie W26	Warman, Whitney W27		
	Harrigan, Kelly W26	Caldas, Hannah W33		
	34.04	1:08.99	1:46.26	2:28.78
	2:55.94	3:27.91	3:53.94	4:23.05
2	FORD	A	4:39.48	
	Bailey, Monica M W49	Johnson, Sarah J W41		
	Milak, Emily A W28	Major, Becki P W47		
	34.81	1:11.33	1:48.95	2:31.32
	2:58.76	3:30.49	4:03.59	4:39.48

#45 Women 35+ 400 Yard Medley Relay

1	MAC	D	4:42.28	
	Smith, Laura W45	Mullaney, Amy B W50		
	Hill, Laurel W42	Zajdzinski, Meg W39		
	34.35	1:10.85	1:49.42	2:33.52
	3:04.14	3:38.84	4:08.69	4:42.28
2	PHX	B	5:26.16	
	Fazio, Heather A W40	Rankin, Maureen W40		
	So, Louise M W42	Schafer, Tricia W41		
	36.68	1:16.28	1:53.24	2:35.15
	3:15.00	3:58.83	4:40.50	5:26.16

#45 Women 45+ 400 Yard Medley Relay

1	SDM	A	5:02.70	
	James, Katy W55	Foster, Susan W49		
	Altman, Christie W61	Schmidt, Jonelle W60		
	39.76	1:24.11	1:42.95	2:12.34
	3:05.30	3:43.75	4:28.45	5:02.70
2	PHX	C	5:41.02	
	McCue, Marika W W48			
	Creswell-Liotta, Brenda W42	O'Sullivan, Tara W45		
	34.02	1:09.41	1:28.78	1:51.88
	2:39.69	3:23.87	4:18.02	5:41.02
---	PHX	A	DQ	
	Bolivar, JoAnne W48	Raman, Marie E W54		
	Dozer, Teresa W50	Nore, Jennifer P W63		
	46.61	1:39.81	2:38.87	3:46.75
	4:28.19	5:19.61	6:09.62	DQ

#46 Men 18+ 400 Yard Medley Relay

1	SDM	A	4:07.86	
	Richardson, Terry M49	Swick, John T M27		
	Valle, Marc M36	Rogers, Chris M18		
	32.79	1:06.63	1:38.88	2:14.70
	2:41.64	3:13.99	3:39.37	4:07.86

#46 Men 25+ 400 Yard Medley Relay

1	FORD	A	4:15.84	
	Krongaard, Jeffrey M56	Roth, Barry M56		
	Ashbeck, Jeff M36	Wallach, Ted M32		
	33.54	1:07.72	1:26.07	2:20.88
	2:50.31	3:22.33	3:47.34	4:15.84
2	MAC	B	4:20.00	
	Smith, Paul M51	Adamavich, Doug M42		
	Smith, Gordon M25	Nicholas, Kent M M44		
	33.80	1:08.82	1:42.86	2:21.10
	2:51.15	3:24.81	3:50.84	4:20.00

3	PHX	B	4:30.17	
	Hranac, Sean M32	Hannah, DJ M34		
	Johnson, Kent M42	Ponce Jr, Jose A M28		
	37.66	1:16.35	1:49.70	2:28.80
	3:00.72	3:36.57	4:02.74	4:30.17

4	MAC	E	5:03.92	
	Glaeseman, David M31	Eisenklam, Peter M68		
	Cahoon, Bradley M55	Taylor, Tim A M49		
	35.18	1:16.17	2:05.05	2:57.64
	3:30.01	4:06.51	4:34.22	5:03.92

#46 Men 35+ 400 Yard Medley Relay

1	PHX	A	3:50.41	
	Comings, Jeff P M37	Spires, D M37		
	So, Stephen S M36	Turner, Jason M M35		
	26.37	54.04	1:26.52	2:01.93
	2:27.62	2:57.71	3:22.47	3:50.41
2	PHX	C	5:02.57	
	Beardsley, Robert M53	Gemmill, Dave G M63		
	Johnson, Bowen M M44	Harnsich, Rodney M47		
	40.93	1:23.15	2:03.60	2:48.63
	3:19.68	3:55.47	4:27.90	5:02.57

#46 Men 45+ 400 Yard Medley Relay

1	PHX	D	6:16.41	
	Duckworth, Allan M60	Tarajcak, Dan R M56		
	Liotta, Robert M59			
	47.68	1:36.75	1:56.40	2:19.65
	3:05.73	3:49.34	4:36.48	6:16.41

#48 Mixed 18+ 400 Yard Medley Relay

1	MAC	C	3:59.41	
	Harrigan, Kelly W26	Curtisi, Nate M22		
	Smith, Gordon M25	Caldas, Hannah W33		
	28.89	59.27	1:30.68	2:07.80
	2:34.28	3:05.59	3:30.99	3:59.41
2	SDM	B	4:23.92	
	St. Sauveur, Katelyn W22	Swick, John T M27		
	Valle, Marc M36	Mayer, Ashley N W31		
	35.29	1:12.05	1:43.94	2:20.62
	2:48.66	3:22.20	3:51.18	4:23.92
3	SDM	A	4:38.45	
	Rogers, Chris M18	Dixon, Felissa D W28		
	McDonald, Dale M41	Gardner, Rochelle W24		
	32.62	1:06.84	1:42.90	2:22.41
	2:52.88	3:29.32	4:01.31	4:38.45

#48 Mixed 25+ 400 Yard Medley Relay

1	PHX	B	4:18.93	
	McCue, Marika W W48	Johnson, Bowen M M44		
	Ponce Jr, Jose A M28	Fazio, Heather A W40		
	31.63	1:05.29	1:39.47	2:18.28
	2:45.62	3:17.71	3:47.52	4:18.93
2	FORD	B	4:19.92	
	Milak, Emily A W28	Johnson, Sarah J W41		
	Ashbeck, Jeff M36	Becker, John C M46		
	29.71	1:01.31	1:39.11	2:22.08
	2:51.26	3:23.48	3:50.10	4:19.92

SW Zone/AZ State S.C. Championship - 4/1/2011 to 4/3/2011

Results

(#48 Mixed 25+ 400 Yard Medley Relay)

3	PHX	A	5:16.06
		Hranac, Sean M32	
	Dozer, Teresa W50	Hannah, DJ M34	
	38.14	1:17.22	1:56.99
	3:26.49	4:22.81	4:45.32
			5:16.06

#48 Mixed 35+ 400 Yard Medley Relay

1	MAC	A	4:26.97
	Smith, Laura W45	Hill, Laurel W42	
	Cahoon, Bradley M55	Taylor, Tim A M49	
	34.17	1:10.11	1:45.02
	2:53.78	3:28.36	3:55.77
			4:26.97

2	MAC	B	4:44.32
	Fridly, Diana W39	Adamavich, Doug M42	
	Zajdzinski, Meg W39	Smith, Paul M51	
	34.56	1:11.18	1:30.91
	2:56.82	3:50.80	4:30.33
			4:44.32

3	PHX	C	4:45.08
	Rankin, Maureen W40	Spires, D M37	
	Johnson, Kent M42	So, Louise M W42	
	37.93	1:17.33	1:52.03
	3:00.61	3:35.15	4:08.81
			4:45.08

4	PHX	D	5:08.87
	Commings, Jeff P M37	Creswell-Liotta, Brenda W42	
	Turner, Jason M M35	Schafer, Tricia W41	
	31.44	1:05.67	1:49.39
	3:08.29	3:40.04	4:22.60
			5:08.87

#48 Mixed 45+ 400 Yard Medley Relay

1	FORD	A	4:31.91
	Bailey, Monica M W49	Roth, Barry M56	
	Krongaard, Jeffrey M56	Major, Becki P W47	
	34.49	1:11.19	1:45.44
	2:54.08	3:26.46	3:57.16
			4:31.91

2	PHX	F	5:31.60
	Gemmill, Dave G M63	Courtright, Lois W W49	
	Liotta, Robert M59	Raman, Marie E W54	
	43.32	1:29.07	1:47.76
	3:10.88	3:53.04	4:38.12
			5:31.60

---	PHX	E	DQ
	O'Sullivan, Tara W45	Duckworth, Allan M60	
	Bolivar, JoAnne W48	Beardsley, Robert M53	
	48.31	1:43.85	2:27.25
	3:48.69		DQ