

**ARIZONA MASTERS SWIMMING
25 METER SHORT COURSE STATE RECORDS**

Updated January 1, 2010

18-24						
WOMEN			MEN			
C. Hedenskog	2003	26.51	50 FR	N. Brunelli	2005	21.38
C. Hedenskog	2003	58.13	100 FR	N. Brunelli	2005	48.00
F. Szigeti	2005	2:05.58	200 FR	N. Brunelli	2005	1:47.32
K. Aceto	1998	4:54.31	400 FR	S. Hildenbrand	2000	4:37.02
J. Brewer	1997	10:21.67	800 FR	Eric Bugby	2007	9:20.32
Bridget Pranke	2007	20:08.13	1500 FR	Z. Jay	2001	19:15.75
A. Beltran	2004	31.39	50 BK	E. Goldstein	1997	28.87
F. Szigeti	2005	1:06.82	100 BK	S. So	1997	1:13.95
A. Beltran	2004	2:33.60	200 BK	Eric Bugby	2007	2:13.90
B. Kaszuba	1995	32.09	50 BR	J. Lew-Mirski	1999	30.91
B. Kaszuba	1995	1:08.91	100 BR	G. Owen	2005	1:01.75
A. Nall	1997	2:38.63	200 BR	Brian Morrison	2009	2:31.40
A. Beltran	2003	29.82	50 FL	Carl Miller	2009	25.61
A. Beltran	2004	1:06.92	100 FL	Carl Miller	2009	58.00
A. Beltran	2003	2:26.79	200 FL	Z. Jay	2000	2:37.44
B. Kaszuba	1995	1:05.34	100 IM	Carl Miller	2009	1:00.85
E. Brelsford	2001	2:31.73	200 IM	N. Brunelli	2005	2:00.32
A. Nall	1997	5:12.76	400 IM	S. Hildenbrand	2000	5:23.40

25-29						
WOMEN			MEN			
Florencia Szigeti	2006	27.11	50 FR	T. Dalbey	1993	23.41
Florencia Szigeti	2007	59.22	100 FR	T. Dalbey	1993	52.55
Florencia Szigeti	2007	2:10.54	200 FR	N. Vargas	1998	1:56.48
E. Berg	1997	4:45.30	400 FR	M. Melley	2004	4:14.85
M. Herzog	2004	9:45.50	800 FR	A. Jaegers	1990	8:48.63
S. Izard	2002	20:07.50	1500 FR	A. Jaegers	1990	17:19.05
C. Johansson	2002	30.05	50 BK	A. Czene	2001	26.64
C. Johansson	2002	1:03.26	100 BK	G. Plank	2003	56.93
C. Johansson	2002	2:18.65	200 BK	G. Plank	2003	2:06.44
S. Fawcett	2001	35.67	50 BR	Dave Rollins	2009	28.83
J. Chasson	1998	1:17.36	100 BR	J. Beltran	2001	1:07.18
J. Chasson	1998	2:47.36	200 BR	A. Jaegers	1990	2:36.37
Lindsey Urbatchka	2009	30.33	50 FL	G. Diaz de Leon	2003	25.05
Lindsey Urbatchka	2009	1:06.22	100 FL	Jeff Dash	2006	54.89
A. Beltran	2005	2:28.74	200 FL	Jeff Dash	2006	2:06.13
C. Johansson	2001	1:07.15	100 IM	A. Czene	2001	56.76
C. Johansson	2003	2:27.00	200 IM	A. Jaegers	1990	2:12.95
E. Berg	1997	5:22.57	400 IM	A. Jaegers	1990	4:43.99

30-34						
WOMEN			MEN			
B. Isaak	2001	28.67	50 FR	Brandon Schindler	2009	23.25
S. Easton	2001	1:02.63	100 FR	Brandon Schindler	2009	53.79
S. Easton	2001	2:10.68	200 FR	N. Agh	2001	1:53.81
S. Easton	2001	4:34.73	400 FR	Sean Justice	2009	4:13.96
S. Easton	2001	9:37.49	800 FR	Sean Justice	2009	8:44.98
E. Berg	2002	18:23.01	1500 FR	A. Jaegers	1992	17:30.62
Noriko Inada	2009	27.61	50 BK	S. Perry	2002	28.65
Noriko Inada	2009	59.53	100 BK	S. Perry	2002	1:00.84
S. Easton	2002	2:28.99	200 BK	S. Perry	2002	2:09.27
L. Martin	2003	34.72	50 BR	Jeff Commings	2008	26.95
L. Martin	2002	1:15.68	100 BR	Jeff Commings	2008	1:01.34
L. Martin	2003	2:42.59	200 BR	Blake Holden	2007	2:27.28
L. Von Gluck	2004	30.9	50 FL	Brent Creager	2009	25.79
S. Easton	2001	1:05.27	100 FL	Brent Creager	2009	55.98
S. Easton	2001	2:24.75	200 FL	Brent Creager	2009	2:10.05
L. Martin	2003	1:10.54	100 IM	Jeff Commings	2008	56.87
C. Johansson	2004	2:27.82	200 IM	Jeff Commings	2008	2:06.44
S. Easton	2001	5:13.15	400 IM	A. Jaegers	1992	4:44.78

ARIZONA MASTERS SWIMMING
25 METER SHORT COURSE STATE RECORDS
 Updated January 1, 2010

35-39

WOMEN				MEN		
M. McCue	2002	28.12	50 FR	T. Hickcox	1988	24.44
M. McCue	2002	1:01.27	100 FR	P. Nunan	1997	53.71
Laura Smith	2007	2:18.34	200 FR	Joel Wainwright	2009	1:59.57
L. Von Gluck	2005	4:49.41	400 FR	K. Dickson	2005	4:19.26
P. Pollard	2002	10:20.45	800 FR	Kurt Dickson	2006	9:01.65
K. Gallagner	2002	19:48.07	1500 FR	Kurt Dickson	2006	17:13.99
M. McCue	2001	30.05	50 BK	Jeff Commings	2009	27.22
M. McCue	2001	1:08.14	100 BK	Jeff Commings	2009	57.19
Laura Smith	2007	2:31.05	200 BK	Kurt Dickson	2006	2:13.98
Moreen Rankin	2009	35.68	50 BR	Jeff Commings	2009	27.79
L. Keogh	2005	1:19.37	100 BR	Jeff Commings	2009	1:01.47
Moreen Rankin	2009	2:50.02	200 BR	B. Johnson	2005	2:43.71
M. McCue	2001	31.34	50 FL	G. Heidke	1997	26.89
L. Von Gluck	2005	1:09.18	100 FL	G. Heidke	1997	1:01.03
Ann Deputy	2007	3:04.87	200 FL	Patrick Brundage	2006	2:21.93
M. McCue	2002	1:10.05	100 IM	Jeff Commings	2009	56.98
M. McCue	2002	2:32.53	200 IM	Jeff Commings	2009	2:07.06
M. McCue	2002	5:35.61	400 IM	Al Jaegers	1997	4:52.10

40-44

WOMEN				MEN		
L. Hobbs	2001	28.08	50 FR	P. Nunan	1998	24.75
M. McCue	2003	1:01.64	100 FR	Patrick Brundage	2009	53.12
L. Mills	2000	2:13.97	200 FR	Patrick Brundage	2009	1:55.42
Laura Smith	2009	4:43.79	400 FR	Patrick Brundage	2009	4:06.30
L. Mills	2001	10:03.40	800 FR	Jeff Utsch	2008	8:42.59
A. Delozier	2005	19:51.47	1500 FR	Kurt Dickson	2007	17:08.37
M. McCue	2003	31.4	50 BK	Patrick Brundage	2009	30.08
M. McCue	2005	1:08.49	100 BK	Patrick Brundage	2009	1:03.07
Laura Smith	2009	2:32.36	200 BK	Patrick Brundage	2009	2:12.43
Sheila Arredondo	2009	37.41	50 BR	G. Dozer	1998	32.56
Paula Pollard	2003	1:24.93	100 BR	G. Dozer	2000	1:11.85
Paula Pollard	2003	3:06.50	200 BR	G. Dozer	2001	2:38.82
M. McCue	2003	30.85	50 FL	P. Nunan	1998	27.30
Dianne Wygal-Springer	2006	1:11.44	100 FL	Patrick Brundage	2008	58.91
J. Gettling	1991	2:54.10	200 FL	J. Krongaard	1998	2:22.84
M. McCue	2003	1:09.42	100 IM	Patrick Brundage	2008	1:01.30
M. McCue	2005	2:33.72	200 IM	Patrick Brundage	2009	2:11.97
Brigid Bunch	2006	5:52.22	400 IM	Patrick Brundage	2008	4:39.78

45-49

WOMEN				MEN		
Liz Hobbs	2007	27.69	50 FR	Paul Smith	2007	24.29
Becki Major	2008	1:05.95	100 FR	Paul Smith	2007	52.54
L. Winslow	2005	2:23.28	200 FR	Paul Smith	2007	1:56.00
K. Bullock	1999	5:04.56	400 FR	Geoffrey Glaser	2009	4:24.49
K. Bullock	1999	10:30.01	800 FR	Geoffrey Glaser	2009	9:01.64
K. Bullock	1999	19:41.23	1500 FR	Geoffrey Glaser	2009	17:04.77
Brigid Bunch	2008	34.13	50 BK	Al Jaegers	2007	29.48
Brigid Bunch	2009	1:11.86	100 BK	S. Shake	2003	1:03.77
Brigid Bunch	2009	2:32.14	200 BK	J. Krongaard	1999	2:27.56
L. Winslow	2005	38.86	50 BR	Al Jaegers	2007	33.30
Brigid Bunch	2008	1:23.43	100 BR	Al Jaegers	2007	1:12.79
Brigid Bunch	2008	3:03.17	200 BR	Al Jaegers	2007	2:42.91
S. Rollins	2002	32.04	50 FL	Paul Smith	2007	25.82
Brigid Bunch	2008	1:19.41	100 FL	Al Jaegers	2007	1:03.44
K. Bullock	1999	2:56.06	200 FL	J. Krongaard	1999	2:23.30
Marika McCue	2009	1:12.54	100 IM	Al Jaegers	2007	1:04.84
Brigid Bunch	2008	2:42.16	200 IM	Al Jaegers	2008	2:16.99
Brigid Bunch	2008	5:49.39	400 IM	G. Dozer	2002	4:57.31

**ARIZONA MASTERS SWIMMING
25 METER SHORT COURSE STATE RECORDS**

Updated January 1, 2010

50-54						
WOMEN			MEN			
J. Swagerty-Hill	2002	30.2	50 FR	Paul Smith	2009	24.77
E. Lynch	2005	1:08.30	100 FR	Paul Smith	2009	56.54
K. Lindstrom	2005	2:26.17	200 FR	Paul Smith	2009	2:00.31
K. Lindstrom	2005	5:05.60	400 FR	B. Roth	2005	4:45.98
K. Lindstrom	2005	10:33.03	800 FR	B. Roth	2005	10:05.95
K. Lindstrom	2005	20:02.75	1500 FR	B. Roth	2005	18:59.50
J. Swagerty-Hill	2002	32.55	50 BK	G. Gush	2000	32.15
E. Lynch	2004	1:13.63	100 BK	G. Gush	2000	1:11.00
E. Lynch	2005	2:41.56	200 BK	Jeff Krongaard	2006	2:38.29
E. Lynch	2004	41.47	50 BR	K. Holmes	2004	33.93
E. Lynch	2004	1:32.32	100 BR	Richard Hinrichs	2006	1:15.27
K. Lindstrom	2004	3:22.14	200 BR	Richard Hinrichs	2006	2:46.19
Stephanie Rollins	2007	32.41	50 FL	Paul Smith	2009	26.20
E. Lynch	2004	1:18.66	100 FL	Jeff Krongaard	2006	1:05.60
M. Bair	1998	4:25.23	200 FL	B. Ditolla	2004	2:31.91
J. Swagerty-Hill	2002	1:16.08	100 IM	Paul Smith	2009	1:01.54
E. Lynch	2004	2:49.29	200 IM	Jeff Krongaard	2006	2:33.28
K. Lindstrom	2005	6:03.76	400 IM	B. Ditolla	2004	5:29.34

55-59						
WOMEN			MEN			
Evie Lynch	2007	32.84	50 FR	Barry Roth	2009	25.42
C. Altman	2005	1:12.35	100 FR	Barry Roth	2009	57.41
C. Altman	2005	2:45.97	200 FR	J. Bly	2001	2:25.28
J. Menard	2004	5:56.06	400 FR	Robert Ditolla	2009	4:47.01
J. Menard	2004	12:18.85	800 FR	P. Sparr	2004	10:59.58
			1500 FR	H. Bailey	2004	21:07.21
Evie Lynch	2009	35.56	50 BK	Gregory Gush	2007	33.30
Evie Lynch	2009	1:16.26	100 BK	Gregory Gush	2007	1:12.77
Evie Lynch	2007	2:51.44	200 BK	Hunter Yost	2006	2:44.55
Evie Lynch	2007	44.35	50 BR	Barry Roth	2009	33.63
J. Menard	2005	1:42.68	100 BR	Bob Liotta	2008	1:18.60
J. Menard	2005	3:41.67	200 BR	Bob Liotta	2008	2:56.69
Evie Lynch	2009	36.01	50 FL	R. Olson	2000	31.10
C. Altman	2004	1:29.09	100 FL	J. Bly	2002	1:11.82
S. Bolar	1998	3:48.63	200 FL	Robert Ditolla	2009	2:34.38
Evie Lynch	2009	1:20.23	100 IM	Barry Roth	2009	1:07.60
C. Altman	2004	3:14.40	200 IM	D. Gemmill	2005	2:46.53
S. Bolar	1998	7:56.87	400 IM	Robert Ditolla	2009	5:46.21

60-64						
WOMEN			MEN			
Christie Altman	2009	31.67	50 FR	R. Johnson	1995	28.6
Christie Altman	2009	1:13.34	100 FR	R. Johnson	1995	1:05.96
Joanne Menard	2008	2:50.76	200 FR	Hop Bailey	2008	2:32.83
Joanne Menard	2009	5:54.30	400 FR	Hop Bailey	2008	5:20.79
Joanne Menard	2009	12:07.76	800 FR	Hop Bailey	2008	11:09.21
Joanne Menard	2009	23:38.31	1500 FR	Hop Bailey	2007	21:11.34
Christie Altman	2009	40.74	50 BK	R. Johnson	1991	35.65
N. MacBeth	1989	1:41.35	100 BK	F. Eissing	2002	1:39.11
N. MacBeth	1989	3:33.02	200 BK	R. Johnson	1993	3:04.75
Joanne Menard	2009	46.68	50 BR	K. Bernard	2004	36.07
Joanne Menard	2008	1:42.84	100 BR	Kim Bernard	2006	1:20.26
L. Webb	2005	3:48.58	200 BR	Dave Gemmill	2009	3:05.05
Christie Altman	2009	37.87	50 FL	R. Johnson	1991	32.86
Christie Altman	2009	1:25.79	100 FL	R. Johnson	1993	1:23.58
S. Bolar	2002	3:51.99	200 FL	M. Dyck	2002	3:26.41
Christie Altman	2009	1:24.77	100 IM	R. Johnson	1995	1:16.38
N. MacBeth	1989	3:33.30	200 IM	Hop Bailey	2008	2:57.11
N. MacBeth	1989	7:38.45	400 IM	Hop Bailey	2007	6:17.62

**ARIZONA MASTERS SWIMMING
25 METER SHORT COURSE STATE RECORDS**

Updated January 1, 2010

65-69

WOMEN				MEN		
Gynt Clifford	2006	36.08	50 FR	R. Johnson	1998	28.02
S. Bolar	2005	1:21.05	100 FR	R. Johnson	1998	1:04.30
S. Bolar	2004	2:58.47	200 FR	D. Hill	2001	2:37.82
S. Bolar	2004	6:28.04	400 FR	D. Hill	2001	5:42.04
S. Bolar	2004	13:52.50	800 FR	D. Hill	2001	11:47.31
Grace Dyck	2007	28.13.14	1500 FR	Mel Dyck	2007	24:41.60
N. MacBeth	1994	46.29	50 BK	R. Johnson	1996	35.06
N. MacBeth	1995	1:37.60	100 BK	R. Johnson	1997	1:18.28
N. MacBeth	1995	3:35.56	200 BK	H. Liber	1987	3:21.51
C. Taylor	1997	48.83	50 BR	Kimball Bernard	2009	36.56
C. Taylor	1997	1:50.15	100 BR	Kimball Bernard	2009	1:24.06
C. Taylor	1998	4:09.29	200 BR	Mel Dyck	2007	3:21.92
S. Bolar	2004	42.41	50 FL	R. Johnson	1996	31.87
S. Bolar	2004	1:37.78	100 FL	R. Johnson	1998	1:16.70
S. Bolar	2004	3:48.28	200 FL	R. Johnson	1996	3:06.43
N. MacBeth	1994	1:35.55	100 IM	R. Johnson	1997	1:15.73
N. MacBeth	1994	3:32.66	200 IM	R. Johnson	1997	2:51.72
N. MacBeth	1994	7:35.05	400 IM	Mel Dyck	2007	7:05.24

70-74

WOMEN				MEN		
Gynt Clifford	2009	35.54	50 FR	R. Johnson	2003	28.55
Gynt Clifford	2009	1:25.37	100 FR	R. Johnson	2001	1:07.47
Gynt Clifford	2009	3:11.61	200 FR	D. Webster	1997	3:17.80
Sally Bolar	2009	7:07.62	400 FR	G. Gillin	2000	6:29.83
E. Gruender	1998	15:12.47	800 FR	D. Webster	1997	15:12.34
E. Gruender	2002	31:28.12	1500 FR	L. Silverstein	2000	32:37.43
N. MacBeth	1999	46.54	50 BK	R. Johnson	2003	37.00
N. MacBeth	1999	1:39.59	100 BK	R. Johnson	2002	1:22.77
N. MacBeth	1999	3:35.41	200 BK	G. Gillin	2000	3:30.98
C. Taylor	2002	51.7	50 BR	R. Johnson	2001	39.07
C. Taylor	2000	1:55.37	100 BR	R. Johnson	2003	1:25.11
C. Taylor	2002	4:11.98	200 BR	R. Johnson	2003	3:12.98
Gynt Clifford	2009	44.45	50 FL	R. Johnson	2001	32.57
Gynt Clifford	2009	1:45.97	100 FL	R. Johnson	2001	1:19.51
Sally Bolar	2009	4:22.26	200 FL	R. Johnson	2002	3:15.19
N. MacBeth	1999	1:37.81	100 IM	R. Johnson	2001	1:15.92
N. MacBeth	1999	3:37.89	200 IM	R. Johnson	2002	2:55.51
N. MacBeth	1999	7:48.97	400 IM	R. Johnson	2002	6:50.22

75-79

WOMEN				MEN		
G. Roper	2004	37.24	50 FR	Ron Johnson	2006	32.42
G. Roper	2004	1:25.39	100 FR	D. Webster	2004	1:22.85
G. Roper	2004	3:09.71	200 FR	D. Terp	2003	3:42.86
G. Roper	2004	6:54.68	400 FR	D. Terp	2003	8:06.94
E. Gruender	2003	15:41.31	800 FR	L. Silverstein	2001	16:57.52
G. Roper	2005	26:37.02	1500 FR	Thomas Taylor	2006	24:47.25
N. Kinney	2004	48.97	50 BK	D. Webster	2004	43.71
N. Kinney	2004	1:49.83	100 BK	D. Webster	2003	1:37.34
N. Kinney	2004	3:51.89	200 BK	H. Liber	1993	3:40.30
G. Roper	2005	51.24	50 BR	Ron Johnson	2006	42.82
G. Roper	2004	1:52.35	100 BR	M. Von Isser	1998	1:42.89
G. Roper	2004	4:03.79	200 BR	J. Mattingly	1990	3:52.12
G. Roper	2004	44.18	50 FL	Ron Johnson	2006	38.28
G. Roper	2005	1:49.36	100 FL	Ron Johnson	2006	1:32.31
E. Gruender	2003	5:04.10	200 FL	G. Gillin	2005	4:09.02
G. Roper	2004	1:38.11	100 IM	D. Webster	2003	1:40.49
G. Roper	2005	3:37.24	200 IM	G. Gillin	2005	3:46.43
G. Roper	2006	8:05.23	400 IM	Gordon Gillin	2006	8:35.50

ARIZONA MASTERS SWIMMING
25 METER SHORT COURSE STATE RECORDS
 Updated January 1, 2010

80-84						
WOMEN			MEN			
Gail Roper	2009	38.03	50 FR	L. Starr	1991	46.61
Gail Roper	2009	1:26.23	100 FR			
Gail Roper	2009	3:18.57	200 FR	Lou Silverstein	2007	4:18.26
D. Winniford	2005	10:28.29	400 FR	Lou Silverstein	2007	8:54.34
R. Steward	1999	32.4	800 FR	Lou Silverstein	2007	18:48.51
			1500 FR	Lou Silverstein	2007	34:32.28
Nancy Kinney	2009	50.73	50 BK	H. Liber	1999	50.41
Nancy Kinney	2009	1:56.78	100 BK	H. Liber	1999	1:47.37
Nancy Kinney	2009	3:59.15	200 BK	H. Liber	1999	4:02.69
M. Nagle	1997	1:17.46	50 BR	M. Von Isser	1999	45.40
Iris Dozer	2007	4:37.71	100 BR	M. Von Isser	1999	1:43.54
R. Steward	1998	9:18.54	200 BR	J. Everall	1995	4:21.23
Gail Roper	2009	48.85	50 FL	M. Von Isser	1999	42.14
Gail Roper	2009	1:58.02	100 FL			
Edie Gruender	2009	6:24.26	200 FL			
Nancy Kinney	2009	1:57.93	100 IM	M. Von Isser	1999	1:47.80
Gail Roper	2009	3:55.51	200 IM	W. Sawhill	1999	4:27.03
Gail Roper	2009	8:39.68	400 IM	Lou Silverstein	2007	10:40.22

85-89						
WOMEN			MEN			
			50 FR			
			100 FR			
			200 FR			
			400 FR			
			800 FR			
			1500 FR			
			50 BK			
			100 BK			
			200 BK			
			50 BR	M. Von Isser	2004	51.54
			100 BR	M. Von Isser	2004	2:03.83
			200 BR			
			50 FL	M. Von Isser	2004	43.35
			100 FL			
			200 FL			
			100 IM	M. Von Isser	2004	1:55.35
			200 IM			
			400 IM			

90-94						
WOMEN			MEN			
			50 FR	H. Anderson	2003	1:37.07
			100 FR			
			200 FR			
			400 FR			
			800 FR			
			1500 FR			
			50 BK	H. Anderson	2003	2:28.15
			100 BK			
			200 BK			
			50 BR			
			100 BR			
			200 BR			
			50 FL			
			100 FL			
			200 FL			
			100 IM			
			200 IM			
			400 IM			