

**Arizona Masters Swimming**  
**50 Meters Long Course State Records**

Updated December 10, 2008

**Relays**

**Women 200 Meter Freestyle Relay**

76+	J. Krohn 21	M. Herzog 24	L. Waschler 25	E. Freeman 19	2001	2:00.69
100+	J. Gorman 29	B. Black 31	D. Wygal 31	S. Anderson 27	1997	2:02.07
120+	Maureen Rankin 31	D. Wygal 35	L. Winslow 41	S. Easton 32	2001	1:57.29
160+	Brigid Bunch 45	Mikey Gerard 55	Whitney Warman 25	Anna DeLozier 45	2008	2:02.98
200+	Evie Lynch 56	Katryn James 53	Amy Mullaney 48	Christie Altman	2008	2:11.14
240+	S. Bolar 66	K. James 50	E. Gruender 77	G. Roper 76	2005	2:35.36
280+	N. MacBeth 70	M. Nagle 83	S. Bolar 60	E. Gruender 71	1989	2:49.85

**Women 400 Meter Freestyle Relay**

76+	No record					
100+	No record					
120+	M. Bailey 31	C. Funk 32	H. Lukow 33	A. Dearmond 24	1992	4:49.62
160+	No record					
200+	N. MacBeth 58	R. Manfredi 63	L. Bogatko 57	E. Gruender 58	1987	5:40.00
240+	No record					
280+	No record					

**Women 800 Meter Freestyle Relay**

76+	No record					
100+	No record					
120+	C. Funk 34	R. Smith 30	B. Major 30	L. Sartori 29	1994	10:32.72
160+	No record					
200+	No record					
240+	No record					
280+	No record					

**Women 200 Meter Medley Relay**

76+	No record					
100+	A. Zemaitis 22	M. Rankin 30	S. Hart 32	B. Bounds 19	2000	2:24.17
120+	Noriko Inada 30	Whitney Warman 25	Maureen Rankin 38	Laura Smith 42	2008	2:10.62
160+	M. Bailey 44	L. Winslow 45	M. McCue 42	R. Major 42	2005	2:16.22
200+	E. Lynch 53	B. Bunch 42	S. Rollins 51	C. Altman 56	2005	2:20.32
240+	E. Gruender 74	J. Wheeler 56	N. Kinney 73	W. Walters 48	2002	3:11.44
280+	N. Kinney 76	G. Roper 76	S. Bolar 66	E. Gruender 77	2005	3:09.93

**Women 400 Meter Medley Relay**

76+	No record					
100+	No record					
120+	M. Bailey 31	C. Funk 32	H. Lukow 33	A. Dearmond 24	1992	4:49.62
160+	No record					
200+	N. MacBeth 58	R. Manfredi 63	L. Bogatko 57	E. Gruender 58	1987	5:40.00
240+	No record					
280+	No record					

**Men 200 Meter Freestyle Relay**

76+	No record					
100+	S. So 27	R. Gilbert 30	W. Johnson 30	E. Kalinowski 23	2001	1:46.22
120+	L. Lopez 30	K. Dickson 38	B. Johnson 39	H. Clark 40	2005	1:42.52
160+	Al Jaegers 45	Jim Stites 50	Kurt Dickson 40	Henry Clark	2007	1:47.10
200+	Doug Adamavich 39	Ted Hammond 55	Frank McIntyre 57	Barry Roth 54	2008	1:51.35
240+	J. Bly 55	A. Kelley 76	G. Peterson 63	G. Gillin 71	2001	2:30.40
280+	R. Johnson 70	M. Dyck 60	G. Gillin 71	M. Von Isser 82	2001	2:25.44

**Men 400 Meter Freestyle Relay**

76+	No record					
100+	No record					
120+	No record					
160+	H. Bailey 45	A. Banks 45	T. Allen 44	S. Haight 33	1992	4:32.07
200+	No record					
240+	No record					
280+	No record					

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**Relays**

**Men 200 Meter Medley Relay**

76+	S. Williams 22	M. Duke 22	M. Linebarier 25	J. Argraves 19	1993	2:22.40
100+	R. Karnaugh 35	K. Johnson 33	W. Johnson 30	S. Perry 33	2001	1:58.84
120+	D. Rollins 21	B. Johnson 39	H. Clark 40	L. Lopez 30	2005	1:53.13
160+	Al Jaegers 46	Barry Roth 54	Kohei Kawamoto 29	Paul Smith 49	2008	1:51.22
200+	Scott Shake 49	Barry Roth 53	Sean Bailey 47	Bob DiTolla 53	2007	2:08.75
240+	D. Gruender 72	M. Webster 57	R. Johnson 70	V. Fuller 54	2001	2:44.07
280+	R. Johnson 68	M. Von Isser 80	D. Gruender 70	W. Bond 70	1999	2:39.94

**Mixed 200 Meter Freestyle Relay**

76+	L. Lopez 30	L. Hernandez 25	H. Richter 19	D. Rollins 21	2005	1:47.33
100+	Noriko Inada 30	Kelsey Dickson 19	Kurt Dickson 41	Kohei Dawamoto 29	2008	1:48.09
120+	Al Jaegers 46	Christine Nelson 24	Whitney Warman 25	Jeffrey Utsch 41	2008	1:52.17
160+	K. Dickson 38	M. McCue 42	M. Bailey 44	H. Clark 40	2005	1:49.81
200+	Scott Shake 50	Evie Lynch 56	Brigid Bunch 45	Paul Smith 49	2008	1:52.82
240+	Frank McIntyre 57	Joanne Menard 60	Peter Eisenklam 65	Christie Altman 59	2008	2:14.01
280+	R. Johnson 68	E. Gruender 71	N. MacBeth 70	L. Silverstein 73	1999	2:31.55

**Mixed 400 Meter Freestyle Relay**

76+	No record					
100+	No record					
120+	No record					
160+	No record					
200+	No record					
240+	No record					
280+	No record					

**Mixed 800 Meter Freestyle Relay**

76+	No record					
100+	No record					
120+	No record					
160+	No record					
200+	No record					
240+	No record					
280+	No record					

**Mixed 200 Meter Medley Relay**

76+	L. Hernandez 25	D. Rollins 21	L. Lopez 30	H. Richter 19	2005	1:59.04
100+	Christina Eddy 25	Jeff Ashbeck 33	Dimo Canelos	Christina Guidi 23	2007	2:13.69
120+	S. Perry 33	Maureen Rankin 31	S. Easton 32	Matt Rankin 35	2001	2:01.27
160+	Al Jaegers 45	Barry Roth 54	Kohei Kawamoto 29	Paul Smith 55	2008	1:51.22
200+	Brigid Bunch 45	Al Jaegers 46	Evie Lynch 56	Barry Roth 54	2008	2:10.86
240+	N. MacBeth 61	D. Gruender 60	E. Gruender 62	J. Wolle	1990	2:50.03
280+	N. MacBeth 70	R. Johnson 68	M. Von Isser 80	E. Gruender 71	1999	2:46.45

**Mixed 400 Meter Medley Relay**

76+	No record					
100+	No record					
120+	No record					
160+	No record					
200+	D. Laporte 57	R. Seagren 62	L. Vansittert 52	C. Bonacich 55	1987	5:33.66
240+	No record					
280+	R. Steward 74	J. Everall 77	R. Manfredi 68	J. Spikes 68	1992	9:37.89