



**SUN DEVIL MASTERS SWIMMING
RON JOHNSON INVITATIONAL
2009 SHORT COURSE METERS MEET
NOVEMBER 21 & 22, 2009**

Meet Director: Katy James- katyjamesswims@hotmail.com
(480) 897-6411

Sanction: Sanctioned by AZLMSC for USMS Inc., Sanction number 489-0017

Facility: Competition will be held at Mona Plummer Aquatic Center at Arizona State University, located at College and 6th Street in Tempe. The facility is an outdoor 50-meter, 8-lane pool operated at 80 F with non-turbulent lane lines and electronic timing. The course will be 25 meters with a bulkhead. There will be separate lanes available for warm-up and loosen-down during the meet.

Eligibility: Open to all registered Masters Swimmers holding a valid 2009 USMS Card. For further information on registration, contact the AZLMSC Registrar, Rayann Reynolds at rayannazregistrar@yahoo.com. Swimmers that do not include a copy of their USMS card will be required to show proof of registration the day of the meet and may risk forfeiting the entry fee and their swim.

Rules: 2009 USMS rules apply. All events are timed finals. There is a limit of four (4) individual events per day plus relays. Age is determined based on the age of the competitor on December 31st, 2009.

Entries & Fees: Entries must be received by November 15, 2009. Late entries will not be accepted. There is a \$35.00 fee for the meet **IF YOU ENTER ONLINE**. Please go to SunDevilMasters.com for instructions on how to enter. Swimmers are encouraged to enter online. This covers all events that a swimmer wishes to enter (no more than 4 per day). Swimmers may still choose to mail their entry for a fee of \$45.00. Please use the new Arizona Consolidated entry card for this method. Fill it out completely (both front and back) and be sure to enter seed times for all the events that you wish to swim. You must also send a copy of your USMS registration card. There will be **no deck entries**. Make checks out to **Sun Devil Masters Swimming**. Mail your entry card, check and photocopy of your USMS Card to:

Katy James
723 East Diamond Street
Tempe, AZ 85283

Questions? Email Katy at katyjameswims@hotmail.com or call at (480) 897-6411. If you need an Arizona Consolidated entry card, go to www.azlmsc.org and look under forms.

Seeding: All events will be pre-seeded (Women & Men together) slowest to fastest. Due to time constraints, events 800 meters and above may need to be limited in size. This will be done on a first come first serve basis. Swimmers may enter only the 1500 or 800. If you register after the event is closed, we will attempt to notify you in advance.

Scoring: Top eight places within each age group and sex will score points: 9-7-6-5-4-3-2-1.

Awards: Individual high point awards will be given for the meet. All swimmers will receive a complimentary t-shirt for participating in the meet.

Results: During the meet, results will be posted. At the conclusion of the meet, results will be posted online at www.azlmsc.org and at www.sundevilmasters.com. All participants who registered online will be emailed results.

Relays: Relay entries will be due to the meet director as follows:
Saturday's Relays: 400 Medley Relays due by the end of 200 Free heats
200 Free Relays due by the end of 400 IM heats
Sunday's Relays: 400 Free Relays due by the end of 400 Free heats
200 Medley Relays due by the end of 200 Fly heats

Social: Following the Saturday session, swimmers are invited to a social event to be announced. Directions will be available at the meet.

Order of Events:

Saturday:

Session 1-Warm up for Session 1 (1500 Free and 800 free) starts at 10:00 am. The first heat of the 1500 free begins at 11:00 am. Swimmers must bring their own lap counter.

Session 2-Warm up for Session 2 starts at 2:00. Event 3 starts at 3:00 pm.

Sunday:

Session 3- Warm-up at 9:00 am and the meet begins at 10:00.am.

Saturday, November 21, 2009

Session 1 Events: Warm-up 10:00 AM/Start 11:00AM

Order	Event
1	1500 Free
2	800 Free

Session 2 Events: Warm-up 2:00 PM/Start 3:00 PM

Order	Event
3	200 Free

4	100	Fly
5	50	Back
6	400	W Free Relay
7	400	M Free Relay
8	400	Mixed Free Relay
9	400	IM
10	100	Breast
11	50	Fly
12	200	W Medley Relay
13	200	M Medley Relay
14	200	Mixed Medley Relay

Sunday, November 22, 2009

Session 3 Events: Warm-up 9:00AM/Start 10:00AM

Order	Event	
15	100	IM
16	400	Free
17	200	Back
18	50	Breast
19	400	W Medley Relay
20	400	M Medley Relay
21	400	Mixed Medley Relay
22	50	Free
23	200	Fly
24	200	Breast
25	100	Back
26	200	IM
27	100	Free
28	200	W Free Relay
29	200	M Free Relay
30	200	Mixed Free Relay