



2010 Arizona Masters SC Yards State Championships April 9-11

Meet Director: Jim Stites (520) 621-4203, email: swim1@qwest.net

Sanction: Sanctioned by AZ LMSC for USMS Inc. Sanction number 4810-0007

Rules: 2010 USMS rules apply. All events are timed final. Swimmers are limited to a total of 9 individual events for the entire meet, no more than 4 per day not including relays. Age on April 11, 2010 determines the age group of the swimmer for the entire meet.

Long distance events: The 1000 and the 1650 events will be limited to the first 40 entries received for each event and will be run slowest to fastest, ages and sexes combined. You may swim either the 1000 or the 1650 but not both. Positive check-in is required for the 1000 and 1650 events. Check-in will close at 4:00pm for the 1000 and 4:30pm for the 1650 on Friday April 9th.

Seeding: All events (except the 1000 and the 1650) will be pre-seeded, slowest to fastest. Absolutely, positively no deck entries or late entries will be accepted.

Eligibility: Any swimmer with a valid 2010 USMS registration, or a valid travel permit from another country is eligible. Each swimmer must submit a copy of their 2010 USMS registration card or travel permit. Failure to submit proof of registration will result in the entry being rejected. For further information on registration contact Rayann Reynolds at rayanazregistrar@yahoo.com.

Affiliation: A swimmer's club affiliation as stated on the consolidated entry card will apply throughout the meet, except that a swimmer may unattach at any time.

Awards: Certificates for result labels will be given to all participants. Male and female high point awards for each age group will be awarded. Overall team awards for first, second, and third will be awarded.

Entries and fees: Online registration is available at: Active.com (online entry deadline 4/2/10)

Entries must be **postmarked by March 31, 2010. Absolutely, positively no deck entries and no email or fax entries will be accepted.** A flat entry fee of \$45 includes a meet T-shirt. Be sure to include T-shirt size in the lower left corner of your consolidated entry card (S, M, L, or XL). Please use the Arizona consolidated entry card; fill it out completely (front and back) and include event numbers and seed times for all events you plan to swim. Consolidated entry cards are available online at www.azlmsc.org.

Make checks payable to Ford Aquatics. Mail check, consolidated entry card with T-shirt size in the lower left corner and **a copy of your USMS card** to:

Jim Stites
PO Box 44233
Tucson, AZ 85733

Location: University of Arizona's Hillenbrand Aquatic Center is located just off Campbell Ave. between 6th Street and Speedway (1827 E. Enke Dr., Tucson, AZ 85721). Outdoor, 18 lane, 25 yard pool operated at 80° F with non-turbulent lane lines and electronic timing. We will run 8 lanes for competition and set aside additional lanes for warm-up. The pool office phone is (520) 621-4203. More information can be found at www.FordAquatics.com.

2010 Arizona Masters State Championships Order of Events

Friday April 9, 2010

Warm-ups start at 3:30pm, meet starts at 4:30pm. Check-in required! Men & Women seeded together, slowest to fastest.

1 - Mixed 1000 free (check in by 4:00pm)

2 - Mixed 1650 free (check in by 4:30pm)

Saturday April 10, 2010

Warm-ups start at 8:00am, meet starts at 9:00am. Seeded slowest to fastest.

3 - Mixed 200 free

4 - Mixed 50 fly

5 - Mixed 100 back

6 - Mixed 200 breast

7 - Mixed 50 free

8 - Mixed 100 fly

9 - Mixed 50 back

10 - Mixed 200 IM

11 - Women's 200 free relay

12 - Men's 200 free relay

Sunday April 11, 2010

Warm-ups start at 8:00am, meet starts at 9:00am. Seeded slowest to fastest.

13 - Mixed 500 free

14 - Mixed 100 IM

15 - Mixed 200 free relay

16 - Mixed 200 medley relay

17 - Mixed 50 breast

18 - Mixed 100 free

19 - Mixed 200 fly

20 - Women's 200 medley relay

21 - Men's 200 medley relay

22 - Mixed 200 back

23 - Mixed 100 breast

24 - Mixed 400 IM

The \$45 entry fee includes a meet T-shirt. Please indicate your T-shirt size in the lower left corner of the consolidated entry card.